

TOWN OF MANCHESTER



HUMAN SERVICES DIRECTORY 2019 - 2020 Edition

**A publication of
Manchester Senior, Adult & Family Services**

*Any questions or comments about this Human
Services Directory
should be directed to
Senior, Adult & Family Services.
Kim Sullivan 860-647-3096
kims@manchesterct.gov*

THIS DIRECTORY IS ALSO AVAILABLE ON-LINE

www.townofmanchester.org



Manchester Customer Service

The Customer Service & Information Center is Manchester's one stop shop for the answers you need about local government and community life. Stay informed about events and happenings in the Town of Manchester by signing up for Manchester Matters e-mail. Open Monday through Friday from 8am - 5pm. Located on the first floor of Town Hall (Handicap Accessible).

860-647-5235

<https://customerservice.townofmanchester.org>



Come visit us. We are the first office on the right if you come in the front of Town Hall at 41 Center St.



EMERGENCY 24 HOUR PHONE NUMBERS

Police / Medical / Fire	911
Child Abuse Neglect Hotline	1-800-842-2288
Domestic Violence Hotline * Local Manchester Office	1-888-774-2900 860-645-4033
Emergency Mobile Psychiatric Services for Children	211
Infoline—FREE information & Referral Service	211
HOMELESSNESS / Emergency Shelter	211
Mental Health Crisis / Commu- nity Health Resources (CHR)	1-877-884-3571
Poison Control	1-800-222-1222
Protective Services for the Elderly (60+)	1-888-385-4225 nights & weekends 211
Runaway Safe Line	1-800-621-4000
Sexual Assault Hotline	1-888-999-5545 English 1-888-568-8332 Español
Suicide Hotline / Veterans Crisis Line	1-800-784-2433



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TOWN DEPARTMENTS

<u>DEPARTMENT</u>	<u>PHONE #</u>	<u>DEPARTMENT</u>	<u>PHONE #</u>
Assessor's Office	860-647-3011	Lead Questions	860-647-3106
Attorney, Town	860-647-3132	Library/Mary Cheney	860-643-2471
Board of Directors	860-647-3130	Library/Whiton	860-643-6892
Board of Education	860-647-3442	Neighborhoods & Families	860-647-3089
Building	860-647-3052	Parks	860-647-3222
Cemetery	860-647-3081	Planning	860-647-3044
Collector of Revenue	860-647-3018	Police/Routine	860-645-5500
Customer Service	860-647-5235	Probate Court	860-647-3227
Emergency Management	860-647-5259	Public Works	860-647-3067
Engineering	860-647-3152	Recreation	860-647-3084
Fire Department/ Routine	860-647-3266	Registrar of Voters	860-647-3025
Fire—8th Utilities/ Routine	860-643-7373	Sanitation	860-647-3200
General Manager	860-647-3123	Senior Adult & Family	860-647-3096
Health	860-647-3173	Senior Center	860-647-3211
Highway	860-647-3233	Town Clerk	860-647-3037
Human Resources	860-647-3126	Water & Sewer	860-647-3115
Human Services	860-647-3092	Youth Services	860-647-5213



FREQUENTLY ASKED QUESTIONS

Question:	How do I obtain a BIRTH CERTIFICATE ?
Answer:	Town Clerk located in Town Hall 860-647-3037
Question:	How do I report a POT HOLE ?
Answer:	Use our “ MARK IT ” citizen's reporting tool on the town website or call 860-647-5235
Question:	Where do I get a BUILDING PERMIT ?
Answer:	The Building Department located on the 2nd floor of Lincoln Center 860-647-3052
Question:	What types of RECREATION PROGRAMS are offered through the town?
Answer:	Visit the town website to view the Parks & Recreation catalog, or call Recreation 860-647-3084
Question:	Who can answer questions about TRASH, RECYCLING and LEAF COLLECTION ?
Answer:	The Sanitation Department 860-647-3200
Question:	How can I learn about what's GOING ON IN TOWN ?
Answer:	Visit the TOWN CALENDAR or sign up for MAN-CHESTER MATTERS email, on the town website or, by calling 860-647-5235
Question:	How do I find out what I PAID IN TAXES
Answer:	Call the TAX COLLECTOR at 860-647-3018 or you can check on the town website
Question:	I moved, do I need to re-register to VOTE ?
Answer:	Yes, contact the Registrar of Voters at 860-647-3025 or visit the website.



CHILDREN/YOUTH SERVICES

Big Brothers/Big Sisters	SEE PAGE 86
Building Healthy Families located at 20 Hartford Rd., Manchester offers parenting workshops and parenting empowerment.	860-375-0121 Email: info@bhfct.org www.bhfct.org
Care 4 Kids is State funded and provides child care financial assistance to Temporary Family Assistance recipients and eligible low-income working families.	1-888-214-5437 www.CTCare4kids.com
Child Care Services Infoline provides info on State-licensed child care providers & programs.	211 https://211ct.org
Community Child Guidance Clinic, Inc. a mental health agency offering a wide range of services for children up to 18 & their families including outpatient treatment, special education services for grades Pre-K through 8, home based interventions & intensive outpatient programming.	860-643-2101 https://CCGCInc.org
Connecticut's Child Development Infoline provides info on the Birth to Three Program for children from birth to 36 months who have delays in development or disabilities; Help Me Grow , for pregnant women & children 0 - 8 who are at risk for developmental or behavioral concerns; and Ages & Stages Monitoring Program that answers questions on how a child is learning, behaving or developing from birth to age 5.	1-800-505-7000 https://211ct.org under more categories than Children and Families
The Cove Center for Grieving Children provides hope & healing, and bereavement support for children, teens, & their families. (free service)	1-800-750-COVE 203-634-0500 www.CoveCt.org



CHILDREN/YOUTH SERVICES

Covenant to Care for Children works with faith and community based organizations to meet the needs of abused, neglected and/or impoverished children and teens. The Critical Goods Program supplies household furniture including new twin beds and donated clothing. The Children's Enrichment fund provides car seats, school uniforms and other items needed by children that are not provided by CCC's other programs.

860-243-1806

[https://
CovenantTo-
Care.org](https://CovenantTo-Care.org)

Ask about their adopt a social worker program.

Department of Children & Families (DCF) protects children that are being neglected & abused, builds on existing community and family strengths to help children facing behavioral & emotional challenges, strengthens families through advocacy and support. They offer information on adoption, foster care, support groups, health related issues and more.

**860-533-3600
(Manchester)**

**1-800-842-2288
Hotline for
abuse/neglect**

[https://portal.ct.
gov/DCF](https://portal.ct.gov/DCF)

ECHN Child & Adolescent Behavioral Health Services provides medication management & psychiatric evaluations and therapy for children 3-18. Comprehensive mental health services are offered for adolescents 12-18. Services: partial hospital & intensive outpatient programs, a clinical day school, individual, family & group therapy & substance abuse group.

860-647-6827

[https://echn.
org](https://echn.org)

under services & Behavioral Health
860-647-6800
is the Behavioral Health Referral Line

EMPS Crisis Intervention Service for Children/Youth

SEE PAGE 16



CHILDREN/YOUTH SERVICES

Family Child Care Providers' Association, provides training and support to licensed family child care providers. They offer referrals to parents in need of quality child care and preschool.

860-218-8184

<https://familychildcareprovidersassociation.com>

Family Development Center is administered through ECHN and provides a broad base of programs, parenting classes on various parent concerns, children's play groups and home visits with eligibility.

860-432-5278
Ext 125

<https://echn.org>
under services

Grandparents as Parents

SEE PAGE 77

Head Start a child development program that provides education, family support services, and health and nutrition services for preschool children from low-income families residing in Manchester.

860-647-3502

Registration:
860-647-5004

<https://www.mpspride.org/domain/181>

Hispanic Health Council

SEE PAGE 39, 78

HUSKY Insurance

SEE PAGE 41

KIDSAFE CT (Exchange Club Center) dedicated to the prevention of child abuse & neglect. Provides services for children from birth to 18 & their families in the home, out in the community or in their facility. Programs include: outreach, a youth drop-in center for middle and high school age youth, a mentor program for foster children, teen dating violence & electronic victimization intervention, anger management, suicide intervention/prevention programs, life skills programs for youth, parent education & supervised visitation.

860-872-1918

www.kidsafeCT.org



CHILDREN/YOUTH SERVICES

Lutz Children's Museum offers children a variety of educationally fun activities, exhibits, artifacts and programs, as well as a live animal collection and nature center.

860-643-0949

<https://LutzMuseum.org>

Manchester Early Learning Center provides affordable, full-day, full-year childcare for preschool (3 to 5) and school age (5 to 12) children. Sliding scale tuition offered.

860-647-9659

<http://melearning.org>

Manchester Police Activities League (PAL) creates opportunities and activities for positive interactions between police officers, civilian mentors, and youth in support of youth success. PAL offers after school activities for youth as well as opportunities for volunteers. Activities include: Academic Support Club, Judo Club, Karate, Taekwondo Club, Mountain Biking Club, and 3 on 3 summer Basketball.

860-645-5525

www.manchestertpal.org

ManchesterCTpal@gmail.com

Mary's Place is a non-profit organization providing a safe place where children, teens and families who are grieving a death share their experiences, receive support and find comfort.

860-688-9621

www.marysplacect.org

Office of the Child Advocate is a State agency that monitors and evaluates public and private agencies that are charged with the protection of children and reviews state agency policies and procedures to ensure they protect children's rights and promote their best interest.

860-566-2106

www.ct.gov/ocal

State Educ. Resource Ctr (SERC)

SEE PAGE 25



CHILDREN/YOUTH SERVICES

True Colors, Inc. (Sexual Minority Youth & Family Services)	SEE PAGE 62
WIC (Women, Infants & Children)	SEE PAGE 37
Youth Service Bureau (YSB) provides a variety of no cost programs and services for Manchester youth and their families. Some programs include:	860-647-5213 https://ysb.townofmanchester.org

Boys Council	Ages 9-18 get together for a safe place for guy talk
Boys to Men	Support to young men 14-18 with adult male mentors/friendship, guidance, life experience, activities /trips
Girls Circle	Ages 9-18 explore what it means to be a girl, with peers & adult women
Journey	A service learning program with an emphasis on environmental education, leadership & woodworking training
Learn to Play Workshop	8 week workshop series, for parents and caregivers of young children, teaches developmentally appropriate skills & activities for ages 3-5 and promotes wellness & school readiness in a collaborative & supportive environment - also includes an educational playgroup.
Mother-Daughter Circle	Promotes healthy and sustaining bond between mothers/guardians & daughters ages 11-16



CHILDREN/YOUTH SERVICES

Partners in Play

Three different sessions available for children based on age. All sessions are held at the Northwest Park Early Childhood Center.

designed to provide young children, ages 1-5, with the opportunity to learn through play while exploring an interactive center designed just for them. Young children attend with their parents or caregivers and engage in music and movement, arts and crafts, and free play.

PFLAG (Parents, Families, Friends and Allies United with LGBTQ People to move Equality Forward)

Meetings will be structured to include an art and activity group for gender non-conforming kids (ages 6-12), LGBTQ youth group (ages 12-18) and a parent/ally support group.

PFLAG is committed to advancing equality and full societal affirmation of lesbian, gay, bisexual, transgender, and queer (LGBTQ) people through its threefold mission of support, education, and advocacy. By supporting this mission, PFLAG aims to make our community a healthier, more well-informed, safer, fairer, and happier place for LGBTQ people, their families, and their loved ones. Meetings are open and designed to support families with LGBTQ youth.

Sib Shop

Opportunities for siblings of children with behavior or developmental health needs includes activities, socialization, trips and camaraderie.

Teen Center

The Teen Center is a safe, drug and alcohol free place where teens enjoy many activities from playing games to doing homework to visiting with friends. Please call YSB for hours and monthly schedule.



YSB also hosts a wide array of summer programs FREE to youth who live in or attend school in Manchester.

860-647-5213



COUNSELING / MENTAL HEALTH / SUBSTANCE ABUSE

<p>Access Line for Substance Abuse Disorders for heroin and alcohol they provide detox info and free transportation. For crack and cocaine they provide rehab information. They have walk-in assessments and Narcan education.</p>	<p>1-800-563-4086</p>
<p>Celebrate Recovery meets Thursdays at 236 Main St. in Manchester in basement of Corner Stone Christian School. Light supper from 6 pm - 6:50pm and meeting runs from 7pm - 9pm contact by email: timothyloftus@yahoo.com or profdave8@cox.net</p>	<p>860-205-3957 Tim</p> <p>860-432-8251 Dave</p>
<p>Community Child Guidance Clinic</p>	<p>SEE PAGE 8</p>
<p>Community Health Resources (CHR) provides comprehensive mental health and addiction treatment and support services to residents of central and eastern Connecticut. New patient walk-in hours are Mon - Fri 10am - 3:30pm extended hours for existing clients. Call to report a mental health crisis or to access services 24 hours a day. Also sponsors "We Can Clubhouse"</p>	<p>444 Center St. Manchester</p> <p>1-877-884-3571</p> <p>www.chrHealth.org</p>
<p>Connecticut alcohol & drug abuse hotline—24/7 Toll-free, Confidential</p>	<p>1-844-244-3171</p>
<p>Connecticut Clearinghouse is a resource center for information about substance abuse and mental health disorders, prevention & health promotion, treatment and recovery, wellness and related topics.</p>	<p>1-800-232-4424</p> <p>www.CtClearinghouse.org</p>
<p>Cove Center for Grieving Children</p>	<p>SEE PAGE 8</p>



COUNSELING / MENTAL HEALTH / SUBSTANCE ABUSE

CT Community for Addiction Recovery (CCAR) centralized resource for all things related to recovery /treatment programs/options, educ, support groups & peer support recovery coaching.	1-866-205-9770 https://ccar.us
Department of Developmental Serv.	SEE PAGE 21
Department of Mental Health and Addiction Services (DMHAS) promotes & administers comprehensive, recovery oriented services in the areas of mental health treatment and substance abuse prevention treatment in CT.	860-418-7000 www.ct.gov/dmhas
DETOXIFICATION Centers through InterCommunity to safely detox clients from alcohol and/or drugs and to provide education & motivation for referral. Open for admission 365 days/year - 24hrs/day depending on open beds.	860-569-5900 Ext 515 www.intercommunityct.org
ECHN Child & Adolescent Services	SEE PAGE 9
ECHN Adult Ambulatory Behavioral Health Services outpatient, partial hospitalization, and intensive outpatient services. Treatment programs are available during the day or evening. The services provided include individual or group therapy, couples & family counseling, addiction treatment, and older adult services focusing on loss, depression, as well as mood disorders. Most insurance plans are accepted and Patient Financial Services can help with assistance applications.	Referral Line 860-647-6800 860-533-3434 https://echn.org under services then Behavioral Health Located at 150 North Main St.
Federal Substance Abuse & Mental Health Administration - for information and treatment facilities.	1-877-726-4727 www.samhsa.gov



COUNSELING / MENTAL HEALTH / SUBSTANCE ABUSE

EMPS Mobile Crisis Intervention Service for Children/Youth provides emergency services including: mobile face to face response; 6 AM to 10 PM M-F and 1 PM to 10 PM on the week-ends. Phone consultation and support for the remaining hours; Psychiatric and behavioral health assessment; medication consultation, assessment; behavioral management services, substance abuse screening and referral to services. EMPS Mobile Crisis delivers a range of crisis response for youth and their families.

211 or

www.empsct.org

860-571-7843

Serving clients 0 to 17 years and 18 or older if still in high school and school is requesting services.

Hockanum Valley Community Council, Inc. (HVCC) is a mental health and substance abuse clinic offering counseling services, anger management and case management. Providing information to help clients connect to other services.

860-872-9825

www.HvccHelps.org

27 Naek Road in
Vernon

Institute of Living for comprehensive patient care, research and education in the fields of behavioral, psychiatric and addiction disorders, anxiety disorders, child & adolescent services, Adult & Family services, Geriatric services, eating disorders, genetic services, mood disorders, psychiatric rehabilitation services, residential, day treatment, outpatient, schizophrenia treatment, TMS therapy.

860-545-7200
assessment

1-800-673-2411

<https://HartfordHospital.org>
under locations

Mental Health Connecticut for legislative advocacy, educational programs, support groups & direct services to promote mental health, prevent mental illness and improve care/ treatment of persons with mental illness.

1-800-842-1501

www.MHConn.org



COUNSELING / MENTAL HEALTH / SUBSTANCE ABUSE

NAMI of Connecticut is a mental health organization. It provides advocacy, education, support & public awareness so all individuals & families affected by mental illness can build better lives.

860-882-0236
1-800-215-3021

www.NamiCt.org

Pathfinders Club offers group & peer support to people in recovery. A variety of meetings are held 7-days a week.

860-646-9235
102 Norman St.,
Manchester

Planned Parenthood offers affordable family planning and birth control counseling, medical services, educational programs and resource referrals. Located at: 319B Main St., Manchester

860-643-1607
1-800-230-PLAN
www.plannedparenthood.org

REACH Warmline is a peer to peer support telephone line for people feeling lonely, depressed or in need of someone to talk to. Evening hours 6-10pm

1-866-927-6225
365 days
www.chrhealth.org

River East Day Hospital & Treatment Center provides intensive, structured clinical treatment for psychiatric & chemical dependency issues. Offering a young adult program for ages 18-25 and an evening program. Transportation provided to day programs for Manchester/Vernon residents if necessary.

860-870-0119
<https://Natchaug.org>
**Accepts Medicaid, Medicare and other insurances.

Root Center for Advanced Recovery provides comprehensive substance abuse & co-occurring disorder treatment at medication-assisted outpatient clinic to people with opiate dependency issues. Groups, peer support & individual counseling provided daily by appointment.

860-643-3210
Monday - Friday
5:30am - 5:00pm
Saturday
6:00am - 9:00am
<https://rootcenter.org>

Substance Abuse Access Line (SATEP)
Staff screen and refer callers to appropriate levels of care through conference calls with treatment providers.

1-800-563-4086
transportation arranged if necessary



COUNSELING / MENTAL HEALTH / SUBSTANCE ABUSE

TOIVO by Advocacy Unlimited offers classes, workshops and a mind/body focused wellness center where people can engage in recovery-based yoga, meditation, fitness and strength training, creative writing, expressive art, walk/run groups, nutrition workshops, drum circles and more. They hold that no one should be denied the benefits of yoga, meditation or any of their offerings based on socioeconomic standing, psychiatric history and or experiences with addiction.

860-296-2338

<http://toivo-center.org>

Volunteers in Psychotherapy a non-profit organization that provides truly private psychotherapy for no fee (or a low fee). Clients "pay for" their therapy by doing independent volunteer work for the charity of their choice.

860-233-5115

www.ctvip.org

WE CAN CLUBHOUSE offers SOCIAL REHABILITATION through CHR by providing a safe and relaxed setting for adults coping with mental health and/or addiction related issues to interact socially in a recovery-orientated environment. Peer support groups and social and recreational activities are offered. Case management hours offered by appointment to assist clients with paperwork such as redetermination forms. Emergency Food Pantry stocked from FOODSHARE donations can be utilized once every 10 days. Computers, Sewing /Craft Room, Prevoc/Vocational training, Cooking Group and more.

860-646-5995

www.CHRhealth.org

165 West Middle Turnpike in Manchester



DISABILITY RESOURCES

ADA Transportation

SEE PAGE 80

American School for the Deaf (ASD) provides educational programs, support services and resources for deaf and hard of hearing individuals and their families from birth through adulthood. Also offers Tigers Club Daycare for children 6 weeks to under 3 years. You can also **TEXT to 860-410-4109**

860-570-2300

www.ASD-1817.org

Video Phone
860-899-1217

"Are You OK" Program for older adults, disabled persons, shut-ins who live alone or anyone in the community who wants or needs to be checked on daily by a computerized telephone system operated free of charge by the police / fire departments. The system calls the subscriber daily - time chosen by subscriber. If there is no answer after several attempts, the computer immediately notifies the fire alarm dispatcher who contacts the emergency person on the subscriber's registration form. It will then be determined if a police officer should check on the subscriber.

860-645-5568

<http://police.townofmanchester.org>

Birth to Three Program

SEE PAGE 8

Bookmobile a free delivery service for Manchester residents who are not easily served by our two library buildings. Our MPL bookmobile staff visit patrons who are temporarily or permanently homebound due to illness or physical disability and are unable to access the library. Themed book-it kits can also be delivered to daycare providers who are unable to visit the library.

860-643-2471

<https://library.townofManchester.org>

Sign-up at
bookmobile
@manchester
ct.gov



DISABILITY RESOURCES

Brain Injury Alliance of Connecticut (BIAC) provides information on prevention of brain injury; resources and referrals, support groups for individuals and families affected by brain injury.

860-219-0291

1-800-278-8242

www.biact.org

Bureau of Education and Services for the Blind (BESB), within the Department of Rehabilitation Services provides resources, comprehensive low vision services, specialized education services, life skills training, case management, and vocational services to individuals of all ages who are legally blind and to children who are visually impaired.

860-602-4000

1-800-842-4510

www.ct.gov/besb

Bureau of Rehabilitative Services (BRS) helps Connecticut residents with physical and/or mental disabilities prepare for, obtain, and maintain employment. They now have **Training Services for Drivers with physical disabilities**. Applicants must require adaptive equipment to drive and be a permanent CT resident.

860-424-4844

1-800-537-2549

Video Phone
860-920-7163

www.ct.gov/brs

Choice Magazine Listening provides audio recordings of articles, stories, interviews poems etc. Free service for persons unable to read standard print due to physical or visual impairment. Call for a free special digital player.

1-888-724-6423

www.ChoiceMagazineListening.org



DISABILITY RESOURCES

Connect-Ability staffing through BRS attempts to connect Connecticut's employers and people with disabilities together.

860-538-0491
860-612-3581

www.ct.gov/brs

Connecticut Braille Assoc., Inc. provides textbooks and information for students; they assist with the needs of the visually impaired.

203-227-5243

Connecticut Technical Act Project assists individuals with disabilities, family members, educators, employers and other professionals by increasing access to Assistive Technology devices or adaptive equipment by connecting individuals to the resources and services available throughout the state.

1-800-537-2549

860-424-4881

860-424-4839
TTY

www.CTtechAct.Com

Corporation for Independent Living is a non-profit agency that helps persons with disabilities secure loans and grants for modifications required in existing homes to make them accessible and barrier free.

860-563-6011

www.cil.org

Department of Developmental Services, State of CT (DDS) is a State agency that provides support services for individuals with intellectual disabilities and their families. DDS offers a wide variety of waiver services including case management, respite, supported living, residential programs, self-advocacy and competitive and supported employment.

860-418-6000

1-866-433-8192
for eligibility

www.ct.gov/dds



DISABILITY RESOURCES

Department of Rehabilitation Services, Deaf & Hard of Hearing Services provides personal and family counseling, referrals and advocacy to people who are deaf and/or hearing impaired and their families.

860-697-3570

**Video Phone
860-899-1648**

www.dhoh.ct.gov/

Dial A Ride

SEE PAGE 81

Disabilities Resource Guide through Disability Rights Connecticut.

www.DisRightsCT.org

[_under Learning/Resources](#)

Disability Rights Connecticut, Inc. (DRCT) is an advocacy organization that is dedicated to identifying and eliminating the barriers that people with disabilities face in exercising their civil, legal and human rights. As Connecticut's protection and advocacy system (P&A), they work to improve the quality of life for individuals with disabilities, their families and the community as a whole. They have information & referral programs and client assistance programs.

860-297-4300

1-800-842-7303

Email:
info@disrightsct.org

www.DisRightsCT.org

Easter Seals Capital Region & Eastern CT outpatient rehabilitation facility offering a full range of medical and vocational rehabilitation services for children & adults with physical, mental or learning disabilities.

860-270-0600
Windsor

860-728-1061
E. Hartford

www.Easterseals.com/hartford

File of Life

SEE PAGE 72



DISABILITY RESOURCES

Independence Unlimited assists persons with disabilities to achieve their maximum independence through advocacy, information and referral, peer counseling and skills training. They provide transitional services for persons in a nursing facility wishing to move into the community.

Project Independence is an outreach and assistance project geared toward people who are 60 and older. The project provides assistance in remaining independent in the community.

860-523-5021

www.independenceunlimited.org

Instructors of the Handicapped (IOH) is a swimming instruction and recreation program that is held at Manchester High School for people with physical and mental disabilities of all ages. Program is held on Sunday afternoons from 1:00pm-3:00pm during the school season. IOH is **NOT** a drop in program, pre-enrollment is required.

860-742-1355
(Janet)

IOHswimPgm@sbcglobal.net
for e-mail inquiries to Director

Library for the Blind and Physically Handicapped lends books and magazines in recorded formats along with the necessary playback equipment and materials in braille, **FREE**, for any Connecticut adult or child who is unable to read regular print due to a visual or physical disability. All materials are mailed to and from library patrons by postage-free mail. Website has a wealth of information about activities and resources.

860-721-2020

1-800-842-4516

<https://CTstatelibrary.org/lbph/>
call or download an application



DISABILITY RESOURCES

MARC, Inc., provides supported employment, day service options, respite, retirement services, residential, recreational and self-advocacy services for people with cognitive, intellectual and developmental disabilities to ensure they have the skills and opportunities to live in and be part of their communities.

860-646-5718

www.MarcCt.org

MARCH, Inc of Manchester

SEE PAGE 70

National Federation of the Blind is a membership organization that provides information & education and peer support to improve the lives of visually impaired individuals in CT.

860-289-1971

www.nfbct.org

NEAT Center at Oakhill receives gently used, durable medical equipment through donations. Once it is reconditioned, the equipment can be provided to consumers at less than 1/2 of new cost.

860-286-3106

<http://assistive.technology.OakHill.CT.org/>

Office of Emergency Management strives to compile names, addresses and phone numbers of residents who have mobility issues, blindness, life support systems, etc., that may impact their ability to safely evacuate their homes during an emergency. Call or e-mail Emergency Management to register.

860-647-5259

djanelle@manchesterct.gov

Renters Rebate Program for adults aged 18+ who are deemed disabled by Social Security and seniors age 65+. Manchester residents can file applications at Senior, Adult & Family Services, Town of Manchester.

860-647-3096

**For more info:
SEE PAGE 33**



DISABILITY RESOURCES

Social Security Disability Benefits

SEE PAGE 34

SERC is a quasi-public agency established under statute to serve the CT State Board of Education in supporting educational equity and excellence. They provide professional development and information dissemination of the latest research and best practices to educators, service providers, and families throughout the state, as well as job-embedded technical assistance and training within schools, programs, and districts. Formerly known as the Special Education Resource Center, SERC became the State Education Resource Center according to a change in state statutes. The agency continues to maintain the Special Education Resource Center and SERC Library in addition to its broader responsibilities, including the support to programs and activities regarding early childhood education and school improvement.

860-632-1485

<https://CtSerc.org>

Yellow Dot Program

SEE PAGE 74





DONATIONS - WHERE CAN I DONATE

For Miscellaneous **CLOTHING & FOOD DONATIONS**

SEE PAGE 35-37

Goodwill Manchester Store located at 232A Tolland Turnpike accepts donations of gently-used or new clothing, household goods, furniture etc. Hours for donations are Mon-Sat 8am-9pm and Sun 9am-7pm.

860-643-2709

www.gwct.org

Hartsprings Foundation, Big Brothers-Big Sisters accepts donations of items that have been gently used and are in reusable condition. Clothes needed for all ages and genders, books, toys, games, small appliances, electronics that are in good working order.

1-888-413-2227

<https://hartsprings.org>

Manchester Area Conference of Churches (MACC) accepts donations for **Community Threads Thrift Shoppe** of gently used clothing and shoes for all ages (in season is helpful) and small household items like dishes, towels and bed linens.

860-647-8003
Ext. 29
Clothing

The pantry accepts Non-perishable food items (please watch expiration dates). They also accept items that cannot be bought with SNAP: dish soap laundry detergent, dryer sheets, household cleaning supplies, toilet tissue, paper towels, feminine products, diapers, toothpaste, deodorant, soap, hair accessories, etc.

860-647-8003
Ext 28
Food

<https://macc-ct.org>



DONATIONS - WHERE CAN I DONATE

NEAT Marketplace accepts donations of gently-used durable medical equipment so that it may be refurbished and reused. Their donation intake can benefit individuals with disabilities, of all ages, and their families. Donations by appointment only.

860-286-3106

<https://assistivetechology.OakHillCT.org>

Purple Heart Foundation donate your car to help wounded warriors and their families. Must have title in hand, every car accepted, tax deductible and free pick-up.

1-888-414-4483

<https://cardonation.PurpleHeartCars.org>

St. Vincent DePaul through St. Margaret Mary Parish in South Windsor accepts donations of usable furniture with no tears or broken parts, and household items. Pick-up can be arranged for furniture items only.

860-648-0216

www.societyhelpline.org

World Wide Lighthouse Missions (WWLM) accepts donations 9am-4pm Mon-Thurs (closed 12-1pm for lunch) and 7pm-9pm Monday evenings. Baby items, clothing, shoes, household items, etc. Call for a full listing and about larger items & medical items. Donations should be brought to the Bissell Street entrance.

860-645-4198

www.WWLM.org

office located at
723 Main St.





EMPLOYMENT / EDUCATION / TRAINING

<p>AARP offers a website to assist seniors locate age-friendly employers.</p>	<p>www.aarp.org/work/</p>
<p>American Job Centers 893 Main St., Manchester, offers job seekers a place to write resumes and send faxes, offers a Research Library and Trade and Computer Training. Internet access, free postage and resume paper. All job search assistance is free of charge.</p>	<p>860-899-3600 860-643-2222 www.CapitalWorkforce.org under career planning center</p>
<p>Bureau of Rehabilitation Services</p>	<p>SEE PAGE 20, 80</p>
<p>Culinary Education Program at Bistro on Main at 867 Main St. Contact Chef Ben for more information.</p>	<p>860-432-5267</p>
<p>Department of Social Services, Aging Services Division offers help with training and referrals for job placement for low-income seniors.</p>	<p>860-424-5643 www.ct.gov/AgingServices under programs then employment</p>
<p>Easter Seals</p>	<p>SEE PAGE 22</p>
<p>Job Corps is a no-cost education and career technical training program administered by the US Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training. You must be a citizen or legal resident of the US and meet the program's low-income qualifications. Job Corps teaches eligible young people the skills they need to become employable and independent, helping to place them in meaningful jobs and further education.</p>	<p>Outreach & Admissions 860-952-1744</p> <p>General Info 860-953-7201</p> <p>https://hartford.jobcorps.gov</p> <p>Office hours 8am—5pm</p>



EMPLOYMENT / EDUCATION / TRAINING

Job Listing Service: The Town of Manchester & Manchester Community College are partnering to help Manchester employers find workers and job seekers find employment opportunities. You can access the job board and register to search current position listings.

www.CollegeCentral.com/manchester

Jobs Funnel a pre-employment preparation & job training service for CT residents seeking employment in the construction fields. Assists prospective workers to gain work competencies and trade-related certifications. Information sessions are every other Friday at 10am (*no late entry*) **20 Sargent St. Hartford. Must Bring** CT photo ID, birth certificate, valid social security card and proof of residency.

860-899-3448

www.capitalworkforce.org/Jobs-funnel

Also sponsors the “Best Chance Offenders” program

Lynda.com, an online resource available to **Manchester Public Library** patrons. It hosts a growing library of 4,000+ courses that can help you pursue personal and professional goals. Expert instructors deliver the video courses in small, easy-to-manage chunks, enabling users to stop and return to lessons when convenient. First-time users will create a profile to help manage course history. Access is through the “online databases” link from the library’s homepage.

For more info:

Reference & Adult Services
860-645-0821

<https://library.townofmanchester.org>

People Ready assists in employment opportunities for Construction, Manufacturing, Warehousing, Retail, Transportation, Agriculture, etc. Prescreening Weds 10:00am - 1:00pm at 92 Weston Street in Hartford. Must have two forms of unexpired ID’s—copies not accepted.

860-247-0369

www.Peopleready.Com



EMPLOYMENT / EDUCATION / TRAINING

Manchester Adult & Continuing Education offers Adult Basic & General Education Development, Adult High School Credit Diploma and National External Diploma Program, English as a Second Language and Americanization/Citizenship classes to any adult 17 years of age or older who is not enrolled in a public elementary or secondary school program.

860-647-5075

www.manchesterAdultEd.org

They offer many continuing education classes for a fee.

Manchester Community College Offers more than 80 degrees and certificates in credit as well as non-credit programs, and opens its campus with free job fairs and resume and career search workshops. They offer workforce readiness programs, including job retraining and English as a Second Language (ESL) courses. The college's library is open to the public with access to internet and JobNow.

860-512-3000

www.manchestercce.edu

Senior Job Bank assists people 50+ to find paid employment. They also offer computer training.

www.SeniorJobBank.org

Unemployment Compensation, "Department of Labor" located at 200 Folly Brook Blvd., Wethersfield, has information on benefits, appeals, wages, education and training, worker safety, etc. Hours of operation are 8:30am—4:30pm

860-263-6000

www.ctdol.state.ct.us

Hire VETS FIRST, provides information for veteran job seekers and employers to connect.

www.ctdol.state.ct.us/veterans



FINANCIAL INFORMATION / PROGRAMS

211 Infoline is Connecticut's free information and referral service for a variety of topics.

211

www.211ct.org

Benefits Check Up is an online program that helps seniors determine whether they qualify for financial benefits and prescription programs. Provided by **National Council on Aging**.

www.BenefitsCheckup.org

Energy Assistance provides help to pay for oil, gas, electric and other heating sources for eligible persons. Application periods range from August through May depending on your heating source. Please call **Community Renewal Team** to obtain information on application deadlines and to schedule a Manchester appointment.

860-560-5800

www.CRTct.org

Homeowner's Tax Relief provides a reduction in property taxes for seniors 65+ and disabled homeowners and veterans. Apply February 1 to May 15 at the Manchester Assessor's Office. Applications filed in current year consider previous year's income.

860-647-3017

<https://assessmentandcollection.townofmanchester.org>





FINANCIAL INFORMATION / PROGRAMS

Income Tax Services – FREE SIMPLE TAX PREPARATION (Low/Middle Income) From February through Mid April

- **The Community Renewal Team** provides tax preparation and filing for families and individuals at their Hartford Locations. **860-560-5738**
- **Manchester Senior Center AARP** Site offers residents SIMPLE tax return assistance, **DAYTIME HOURS BY APPOINTMENT ONLY**. Call **860-647-6024**
- **Manchester Senior Center VITA** Site, low to moderate income, Thursday evenings and Saturdays at 549 East Middle Turnpike, Manchester. **Call for appointment: 860-647-3092**
- **Manchester Community College VITA** Site provides assistance with SIMPLE tax returns. **FRIDAYS & SATURDAYS** By appointment only, **Call 211 or visit www.211ct.org to book an appointment.**

<https://humanservices.TownOfManchester.org/>

Tax Credits— Low income working families may be able to take advantage of the **Child Care and Child Tax Credits**, Federal refundable tax credits for working families with at least one dependent child under 17; and the **Earned Income Tax Credit (EITC)** for working people who meet certain income criteria. Inquire with any of the tax preparation programs.

Manchester Area Conference of Churches (MACC Charities) helps income eligible Manchester and Bolton residents with emergency clothing, fuel, utilities, medical and/or financial needs. Call for an appointment with the Director of Services for Community Engagement. Many times, they can answer your questions or get you headed in the right direction without an appointment.

**860-647-8003
Ext 31**

<https://Macc-ct.org>



FINANCIAL INFORMATION / PROGRAMS

Money Management International / CT Consumer Credit Counseling helps consumers learn to reduce debt; offers free phone counseling.

1-866-889-9347
1-866-550-8004
www.Moneymaagement.org

New England Pension Assistance Project Offers free pension and retirement savings plan counseling and assistance regarding pension benefits to which you are entitled.

1-888-425-6067
www.umb.edu/PensionAction

Renters' Rebate Program provides a yearly rebate check for seniors 65+ and/or disabled renters 18+. Apply April 1st to October 1st of each year. Applications filed in current year consider previous year's rent, utilities and income. Call Senior, Adult & Family Services for income limits, appointments and more info.

860-647-3096

<https://SAFS.TownOfManchester.org/>

Reverse Annuity Mortgage (RAM) a low-interest loan for senior home owners; uses a home's equity as collateral. Loan amount is a percentage of the home's value determined by age of the youngest homeowner. The loan does not have to be repaid until the last surviving homeowner permanently moves out of property or passes away. The estate has approximately 12 months to repay the balance of the reverse mortgage or sell the home to pay off the balance. DSS & CHFA have made funds available to homeowners 70+ for **long term care needs** allowing seniors to use equity in their homes to collect a monthly tax-free cash payment for five or ten years. The loan is repaid in one payment after death of borrower or when permanent occupancy is finished.

Questions:
860-571-3502

To Apply:
1-866-218-6631

www.CHFA.org
Under Homeowner

Email:
Customer.
Service @
CHFA.Org



FINANCIAL INFORMATION / PROGRAMS

Senior Volunteer Tax Credit Program may provide a tax credit of up to \$500 for seniors 65+ who own property and reside in Manchester. They must meet qualifying income limits and perform a minimum of 50 volunteer hours each application period. The town accepts 30 applicants yearly.

860-647-3092

[https://human
services.townof
manchester.org](https://human.services.townofmanchester.org)

Social Security Administration located at 478 Burnside Ave., East Hartford, answers questions on Social Security, Supplemental Security Income, Medicare, retirement, and disability benefits. National phone number has extended hours. Many options available on-line.

1-866-706-6759
local

1-800-772-1213
national #
7am-7pm

www.SSA.gov

State of Connecticut Department of Social Services provides financial assistance programs which have eligibility requirements. To create an on-line account to apply for benefits <https://connect.ct.gov/access>

1-855-626-6632

[https://portal.
ct.gov/dss](https://portal.ct.gov/dss)

Soldiers', Sailors' and Marines' Fund

SEE PAGE 84

Veterans' Affairs

SEE PAGE 84

Winter Protection Plan protects qualified utility customers from service shutoffs between November 1st and May 1st. Customers must apply for hardship status through the individual utility companies or at time of application for public energy assistance through the Community Action Agencies; **IT IS NECESSARY TO RE-APPLY EACH YEAR.**

860-524-8361
(CNG)

[www.CNGcorp.
com](http://www.CNGcorp.com)

1-800-286-2828
Eversource

[www.eversource.
Com](http://www.eversource.com)



FOOD / NUTRITION & CLOTHING

Community Threads Thrift Shoppe located at 466 Main Street, Manchester. Hours of operation are Mon - Sat 10:00am - 2:00pm, extended hours on Thursdays until 5:00pm.

860-647-0800
<https://macc-ct.org>

The Connecticut No Kid Hungry Campaign is a partnership between **End Hunger Connecticut** and **Share Our Strength**. They believe that no child in America should go hungry. They offer information on **FREE** nutritious meals for kids and teens all summer.

860-560-2100
www.endhungerct.org

Culinary Education Program through Bistro on Main. Contact Chef Ben.

860-432-5267

Goodwill Thrift Store located at 232A Tolland Tpk, Manchester. Hours of operation are Monday – Saturday 9:00am to 9:00pm and Sundays 10:00am to 7:00pm.

860-643-2709
www.GWct.org

Group Grocery Shopping Trips are available weekly for Seniors 60+ through the **Senior Center** at 860-647-3211. Shoprite 1st & 3rd Tue and Stop & Shop 2nd & 4th Tue. Reserve a bus ride the day before prior to 3:00pm. You can also reserve rides for grocery shopping through **Dial A Ride** at 860-870-7940 which is a **separate service** from Manchester Senior Center Transportation. Registration required.

860-647-3211
Senior Center

860-870-7940
Dial-A-Ride

MACC Community Kitchen 466 Main St., provides a hot nutritious meal at no charge to anyone in need who is hungry (children under 18 must be accompanied by an adult) Mon – Sat 11:30am to 12:45pm. There is always a **Sunday meal at noon** thru Salvation Army & MACC—call for location.

860-647-8003
Ext 21

<https://macc-ct.org>



FOOD / NUTRITION & CLOTHING

FOOD PANTRIES—FOR MEMBERS ONLY:

CHR Clubhouse Food Pantry for CHR clients only

860-646-5995

MCC Cougar Food Pantry for MCC students, faculty/staff

860-512-3356

Squire Village Food Pantry for residents of Squire Village

860-646-1280

MACC Emergency Food Pantry 460 Main St. Open: Tue 1:30-4:30pm, Wed 9:30-Noon, Thur 3-5:30pm and Fri 11-1:30pm. The pantry is **CLOSED MONDAYS**. New clients must be certified prior to use. Pantry has **HOURS BY APPOINTMENT, PLEASE CALL AHEAD.**

**860-647-8003
Ext 28**

Pantry Certification

**860-647-8003
Ext 31**

<https://macc-ct.org>

Meals on Wheels through CRT delivers up to two meals per day to homebound people aged 60+ for a suggested donation. \$2.50 per meal is suggested but no one is denied if unable to pay.

860-560-5828

www.CRTct.org

Mobile Foodshare is a food distribution program for low-income households servicing two Manchester locations on alternating Tuesdays & Wednesdays. Dates, locations and times available for the year 860-647-3096

For locations & dates TEXT: "Foodshare" to 85511

site.foodshare.org





FOOD / NUTRITION & CLOTHING

New Horizons Baptist Church Food Pantry & Clothing Bank 40 Pitkin St, Manchester (*located in the back of the building*) Open: Sundays 2:15pm to 3:00pm - I.D. to prove residency and proof of income are required.

860-726-9282

Salvation Army 661 Main Street offers FREE hot meals Sundays 12:30pm to 1:30pm.

860-649-7787

<https://ctri.salvationarmy.org/SNE/>

Senior Center Lunch Program through **MACC** for anyone 60+, 549 East Middle Tpke., Offers lunch Mon – Fri from 12:00pm to 12:30pm, call for monthly menu and reservations a day or more in advance before 12:30pm. (Suggested donation for 60+ is \$2.50; if the guest is under 60, then they must pay \$5.00)

860-647-3211

<https://SeniorCenter.Townofmanchester.org>

The Supplemental Nutrition Assistance Program (SNAP) helps low-income individuals and families afford the cost of food at the grocery store and farmers markets. You can apply online or download an application, you can also request an application be mailed to you.

1-877-874-1612 for help applying on-line

1-855-626-6632 to request an application

www.connect.ct.gov

WIC (Women, Infants & Children) a special supplemental nutrition program for Women, Infants & Children. Provides health care referrals, nutrition education, breastfeeding promotion/support, and supplemental foods for pregnant women and children from birth to age 5. **Manchester site is available alternating Fridays 9am - 3pm at the Whiton Library, 100 North Main Street, Manchester.** For an appointment, please call.

860-528-1458 option 1

<https://portal.ct.gov/DPH/WIC/WIC>



HEALTH CARE SERVICES / INFO

American Cancer Society provides cancer information and resources. Open 24 hours a day and has volunteer transportation for many areas.

1-800-227-2345

www.cancer.org

Centers for Disease Control offers expertise, information and tools that help people protect their health through prevention of disease, injury/disability and preparedness for new health threats.

1-800-232-4636

www.CDC.gov

Connecticut Dental Health Partnership (CTDHP) a dental plan provided by the state of CT, Department of Social Services for clients in the four primary medical assistance programs.

1-855-283-3682

www.CTdhp.com

Drug Disposal: The Manchester Police Department has permanently installed a Prescription Drug Take-Back Box for Manchester residents only in the lobby at 239 East Middle Turnpike, Manchester. It is accessible 24 hours a day, 7 days a week.

860-645-5500

Police.townofmanchester.org

EyeCare America provides eye exams and up to one year of care to US citizens and legal residents through volunteer ophthalmologists (Eye MDs) often at no out-of-pocket cost to those who qualify.

www.AAO.org/eyecare-america

On-line qualification process

First Choice Health Care Center 150 North Main St, provides PCP srvc, sports medicine, OB/GYN, Chiropractic, Eye Care, Podiatry, Pediatric & dental for those meeting eligibility guidelines. Sliding scale available. Accepts State & most insurances.

860-646-8117

www.FirstCHC.org



HEALTH CARE SERVICES / INFO

Hispanic Health Council, Inc. provides free health services to eligible Latina and non-Latinas in the areas of breastfeeding, prenatal health education, case management services, parenting support, nutrition assistance and education, HIV/AIDS prevention information and referral, cancer and diabetes and domestic violence information and support. Also offering after school programming and summer camp.

860-527-0856

www.hispanichealthcouncil.org

Lifeline Emergency Response Sys.

SEE PAGE 44

Health Collective East

SEE PAGE 78

Malta House of Care Foundation seeks to provide free health care for the uninsured by providing a free Mobile Medical Clinic.

860-725-0171

<https://MaltaHouseofCare.org>

Manchester Memorial Hospital offers crisis intervention, home blood draw, support groups and community education workshops and health info.

860-646-1222

www.echn.org
under locations

Maternity Care Center at Rockville General Hospital is a clinic that offers prenatal care and postpartum follow-up to women who are underinsured or without health insurance. They also accept clients with state Husky and Medicaid plans. Hours: Monday, Wednesday & Friday 9:00am-5:00pm.

860-872-5170

www.echn.org
under locations &
Rockville General
Hospital

Planned Parenthood

SEE PAGE 17



HEALTH INSURANCE

Access Health CT is Connecticut's official health insurance marketplace offering Connecticut residents a range of qualified health care coverage options. You may sign up for a plan during the open enrollment period from October to January or if you have what is known as a "*qualifying life event*" (getting married, having or adopting a child, losing health coverage). You can get the coverage you need online. You also can apply for low income Medicaid or Husky D at any time.

1-855-805-4325

www.AccessHealthCT.com

Under Programs & services, then Health Insurance

CHOICES PROGRAM (Connecticut's Health Insurance Assistance Program) CHOICES program is a collaborative program of the CT Dept. of Social Services, State Area Agencies on Aging and Center for Medicare Advocacy. Eligibility screening is available for persons 60+ and any person who is on Medicare. Certified counselors across the state provide free person-centered assistance. CHOICES also provides community outreach, application assistance and information and referral.

860-647-3096

860-647-3211

1-800-994-9422

Ask to speak to a CHOICES counselor

www.ct.gov/agingservices/

Connecticut Partnership for Long Term Care a program conducted in cooperation with private insurance providers to provide unbiased information about the need for long term care, the ability to find and purchase quality, affordable long-term care insurance without depleting assets.

860-418-6318

<https://portal.ct.gov/OPM>

under other links



HEALTH INSURANCE

HUSKY Health Care Programs are health programs administered by the State of Connecticut, Department of Social Services. You can apply online at <https://connect.ct.gov/>. For online assistance or to reset your password call **1-877-874-1612**

HUSKY A & HUSKY B: Connecticut children, parents, relative caregivers and pregnant women may be eligible for Husky A or Medicaid, depending on family income. Uninsured children up to age 19 may qualify regardless of family income level for Husky B. Depending of specific income level, family cost-sharing applies.

HUSKY C (including long-term services & supports, & Medicaid for Employees with disabilities) Connecticut residents aged 65+ or who are 18-65 and are blind or have another disability may qualify for Medicaid under Husky C. Income and asset eligibility varies, depending on which part of Husky C you may qualify for. Call for guidelines.

HUSKY D Connecticut residents aged 19 –65th birthday with no dependent children; who do not qualify for HUSKY A; who do not receive Medicare; and who are not pregnant, may qualify for HUSKY D (also known as Medicaid for the lowest-income populations).

Long Term Medicaid - new applications only should be mailed to : DSS, 50 Humphrey Street, New Haven, CT 06513. For long term Medicaid Waiver Programs applications should be mailed to 20 Meadow Road, Windsor, CT 06095 or you can get application on-line at <https://connect.ct.gov/>

If you don't know what you qualify for: www.AccessHealthCT.com is your single point of access for Health Insurance answers. **1-855-805-4325**



HEALTH INSURANCE

Medicare is a federal health insurance program available to those 65 years of age or older or who are deemed permanently disabled by Social Security. Individuals suffering from end stage renal disease are also eligible to receive Medicare. For info on eligibility and enrollment periods, contact the local [Social Security Administration](#) office.

- ◆ **Medicare Savings Programs (MSP):** Are available to Medicare recipients with low income. There are three MSP's that help you pay for your Medicare Part B premiums. **QMB** (Qualified Medicare Beneficiary) **SLMB** (Specified Low-Income Medicare Beneficiary) **ALMB** (Additional Low-Income Medicare Beneficiary). A household's income determines which category they qualify for. All three programs pay Medicare Part B premiums.

1-800-633-4227
Medicare

1-800-772-1213
Social Security

www.Medicare.gov

Manchester residents can call
860-647-3096

To apply: Contact the [Department of Social Services](#)

1-855-626-6632

<https://Connect.CT.gov>





HEALTH INSURANCE

Medicare Prescription Drug Coverage (Medicare Part D) is available to everyone with Medicare. Part D plans are stand alone insurance policies that are offered through private insurance companies; each plan may vary in premium costs and drugs covered.

You do not have to enroll in a Part D program if you have credible coverage.

- ◆ Part D recipients who are income eligible may also be eligible for a **Low Income Subsidy/ Extra Help** to pay Part D costs

**1-800-MEDICARE
1-800-633-4227**

**860-647-3096
or
860-647-3211**
to talk to a
CHOICES
counselor

www.Medicare.gov/

Office of the Healthcare Advocate is a free service that assists consumers with healthcare issues through outreach programs and communications related to consumer rights; they also offer assistance with appeals. Email:
Healthcare.Advocate@Ct.gov

1-866-466-4446

www.ct.gov/oha

Veteran's Benefits

SEE PAGE 84





HOMECARE INFORMATION

<p>Community First Choice (CFC) and Money Follows the Person (MFP) CFC provides in-home services including meal prep, homemaking and assistance with bathing, dressing, transferring, etc. MFP helps individuals currently living in long-term care facilities successfully transition back into the community.</p>	<p>211 https://ctmfp.com Must receive Husky C or D health coverage to be eligible for either program</p>
<p>Connecticut Home Care Program for Elders through the DSS Alternative Care Unit, helps older adults to continue living at home by paying for homecare services for those meeting eligibility guidelines. They assess care needs and coordinate and monitor homecare services for those 65 years of age and older.</p>	<p>1-800-445-5394 www.ascendami.com/CThomecareforElders/default</p>
<p>Connecticut Partnership for LTC</p>	<p>SEE PAGE 40</p>
<p>Licensed Home Care Agencies – Senior, Adult & Family Services has a list of those serving Manchester.</p>	<p>860-647-3096</p>
<p>Lifeline is a 24-hour emergency response system that gives access to emergency care. It is administered by A Caring Hand.</p>	<p>860-643-1623 www.acaringhand.com under services</p>
<p>Visiting Nurse and Health Services of Connecticut, Inc., a licensed home health agency, provides coordinated home care services including nursing visits, hospice services, physical, occupational and speech therapy, home health aides, and home-makers.</p>	<p>860-872-9163 www.echn.org/home-health-services-of-ct Sliding scale fee available.</p>



HOME MAINTENANCE

Home Energy Assessments, Audits & Check-ups offers free energy audits to income eligible homes that heat with gas or electric. Audits include inspection for wasteful leaks & drafts/sealing up, evaluation of insulation, installation of energy efficient light bulbs, showerhead and faucet aerators, water heater and pipe insulation. Applications/qualifications on line.

1-877-947-3873

www.energizect.com

Under Home
in-home-
services

Home Weatherization through Community Renewal Team (CRT). The program assists low-income renters and homeowners in making their homes energy efficient and lowering the expense of utility bills. Services include weather-stripping, caulking, low flow showerheads, insulation, some window & door repairs, heating system cleaning & tuning, fluorescent lighting and carbon monoxide testers. **Eligibility Requirements:** Must be enrolled in one of the following: CT Energy Assistance Program, Temporary Family Assistance or Utility Assistance Program. If renting, landlord's permission is required.

860-560-5354

www.CRTct.org
Under Energy &
Weatherization

Apply on-line or
at a CRT loca-
tion





HOME MAINTENANCE

Manchester Housing Rehabilitation Program This program is administered by the **Town Planning Department** and funds activities that control lead-based hazards, property maintenance code issues and architectural barriers. The eligible area is generally focused in central Manchester neighborhoods. The program also funds emergency replacements (ex: non-functioning water heater/furnace/failed septic) for properties throughout Manchester following the same income guidelines. To participate in the program, households must meet the HUD low and moderate - income criteria based upon the number of persons in the household. Investor-owned properties may qualify if they are rented to low and moderate - income households at HUD established rent levels.

860-647-3044

www.Planning.townofmanchester.org/

Rebuilding Together provides home repairs free of charge for **owner occupied Manchester homeowners** who are unable to do the repairs themselves. This program gives priority to fixed and low to moderate income elderly and disabled individuals. Please contact Molly Devanney at Rebuilding Together for more information.

860-647-3167

<http://rebuildingtogether1.townofmanchester.org/>

Email:
Molly.devanney@gmail.com



HOUSING INFORMATION

CT Fair Housing Center is dedicated to ensuring that individual choice, and not discrimination, determine where people live in Connecticut. They also assist with a range of foreclosure prevention efforts.

860-247-4400

www.CTFairhousing.org

CTHousingSearch.org is a FREE resource for finding and listing housing information anywhere in Connecticut.

1-877-428-8844

www.CTHousingSearch.org

Emergency Housing - Shelters

SEE PAGE 75

Fair Rent Commission assesses the appropriateness of rent increases for individuals who are not participating in rental assistance programs. Contact the Town Attorney's office for info.

860-647-3132

<https://attorney.TownOfManchester.org/>

General Housing Information Senior, Adult & Family Services has listings of local apartments, rooming houses, and Senior/Disabled housing options. They can also provide phone numbers for surrounding towns' housing authorities if needed.

860-647-3096
479 Main Street,
Manchester

<https://safs.TownofManchester.org/>

GHCLA in the Community of Manchester—*for housing issues*

SEE PAGE 57

Housing Court located on 80 Washington Street in Hartford.

860-756-7920

www.jud.ct.gov/



HOUSING INFORMATION

Manchester Housing Authority oversees several State and Federal elderly/disabled housing programs. **Eligibility for this type of housing is subject to:** income limits, age limits (62 and over) or disability requirements. Tenants pay about 30% of their income for rent and utilities. Some waiting lists are closed due to high demand, but those interested are encouraged to inquire at the Manchester Housing Authority.

860-643-2163

<https://ManchesterHA.org>

Mortgage Foreclosure Assistance Hotline is a free hotline open Monday – Friday 8:00am – 5:00pm, to Connecticut residents who are facing foreclosure on their homes. Advice and guidance regarding mortgage problems offered.

1-877-472-8313

<https://portal.ct.gov/DOB/>

Under consumer assistance

Section 8 Housing Choice VOUCHER Program applicants secure an apartment on their own and with the Voucher they can negotiate with a private landlord for their monthly rental payment. Applicants can expect to pay 30% of their monthly income for rent and utilities. Rent and utility allowances are subject to approved schedules that are adjusted annually. Currently the waiting list is closed to new applicants and is not expected to be opened in the near future.

860-643-4832

<https://ManchesterHA.org>



HOUSING INFORMATION

Statewide Legal Services offers an online library to get free information about legal problems. Some areas of assistance include housing discrimination, eviction, home ownership, landlord/tenant issues, security deposits, federal programs, work & unemployment, elder law, consumer assistance, education, immigration, medical and health-care. There is no charge for the services and they only assist people with very low incomes.

1-800-453-3320

www.SLSct.org

linked to:
<https://CTlawhelp.org>
self help information

Town of Manchester Planning Department has housing resource information on the website - under Boards & Commissions, then housing Commission.

860-647-3044

<https://planning.townofmanchester.org>

Westhill Gardens Congregate Housing is a state funded community living facility for frail elderly 62+. Features 24 hour 7 days per week supervision, a daily hot meal at noon, laundry facilities, and social activities.

**860-643-2163
Ext 120**

<https://ManchesterHA.org>





HUMAN SERVICES

The Health Department addresses the health needs of Manchester residents and ensures that they have access to the services and protection required to remain healthy. It provides a wide range of information and services such as a **Health Clinics** for seniors, blood pressure, hearing screening, educational sessions, and foot care. The Environmental Health Section of this Department enforces the Public Health Code and they license all Food Service establishments in Town. Permits are issued for all private drinking wells, new septic installation as well as septic repairs. Lead abatement in regard to lead poisoned children and defective paint surfaces with children under 6 are inspected and approved for abatement by the Department. They also inspect all public swimming pools, bathing areas, massage establishments and hair & nail salons. They provide support to many Town departments.

860-647-3173

<https://Health.townofmanchester.org>

Located at the Weiss Center, 479 Main Street upstairs on the 1st floor.

Office hours are 8:00am-4:30pm
Mon - Fri

HUMAN SERVICE PHONE INFO LINE

Residents may access the Human Services Department Program Information Line 24 hours a day to obtain information about its programs and services. Automated information is available for transportation, health programs, meal programs, income tax, Renter's Rebate, senior programs, youth programs, Veteran's benefit counselor, etc.

860-647-3270

<https://HumanServices.TownofManchester.org>



HUMAN SERVICES

Human Services Administration provides oversight of the department budget, overall program planning and development as well as coordination and administration of health and human services programs in the Town of Manchester. Administrative oversight is provided for the divisions that comprise the Human Services Department – Health, Senior Center, and Senior, Adult and Family Services. Human Services Administration leads in planning and program initiatives that assess and impact the human service needs of the community and secures grants and other resources to implement new programs. It provides contract oversight for community agencies receiving Town funds as well as contract oversight for some grant programs funded by both the state and federal government. HS Administration also provides Volunteer Income Tax Assistance (VITA) for seniors and low income residents during the tax season and administers the town's Senior Citizen Volunteer Tax Credit program. Additionally, Human Services Administration represents the Town on community, regional and statewide human services planning and advisory groups.

860-647-3092

[https://Human services.townofmanchester.org/](https://Human%20services.townofmanchester.org/)

Located at the Weiss Center, 479 Main Street upstairs on the 1st floor.

Office hours are 8:00am-4:30pm
Mon - Fri



HUMAN SERVICES

Senior, Adult & Family Services serves **Manchester residents of all ages** to ensure that basic financial, housing, health and daily living needs are being met. Residents get prompt and accurate information about programs and services available. Primary activities include information and referral, assistance connecting with community services, outreach, advocacy, office and in-home assessment, benefits and CHOICES health insurance counseling, camp waivers for Manchester Recreation programs, and follow-up services provided by social work staff. A goal of the division is to assist older adults and people with disabilities who want to remain independent in the community. The division also administers the Renters' Rebate and Dial-A-Ride programs, and processes Energy Assistance applications in conjunction with CRT. They publish this **Human Services Directory** and maintain many resources at the Weiss Building. The staff works in cooperation with state and local agencies. Anyone is welcome to drop in for further information or to make an appointment to speak with a social worker.



Located at The Weiss Center, 479 Main Street,
Ground Level. (Entrance in back of building)
Office hours are Mon-Fri 8:00am to 4:30pm.

860-647-3096

email: kims@manchesterct.gov

<https://SAFS.TownofManchester.org>



HUMAN SERVICES

Senior Center features meals, trips, exercise programs, classes and activities targeting the health, social and educational needs and interests of Manchester seniors. A social worker from Senior, Adult & Family Services and a nurse from the Health Dept. provide support services at the Senior Center. Transportation is available to and from the Center Monday through Friday. Transportation is also available for shopping.



There is an annual membership fee of \$10.00 and new members are always welcome. Small group recreation is provided through the **Senior Circle**. A scheduled appointment with the Social Worker is needed first for an assessment into the Senior Circle Program **SEE PAGE 74**. The Senior Center is open weekdays from 8:30am until 4:30pm for residents age 60+.

Located at 549 East Middle Turnpike, Manchester

860-647-3211

<https://SeniorCenter.TownOfManchester.org>



INCARCERATION & RE-ENTRY

211 Infoline for basic needs	211
Best Chance Offenders employment program thru Job Funnel you must have a criminal background to participate in the program. SEE PAGE 29 for Meeting place and time under “Jobs Funnel”.	860-899-3448 www.capitalworkforce.org/jobs-funnel
Community Service SEE Volunteer Opportunities / Community Service. (**) indicates Community Service accepted.	SEE PAGE 86 - 91
Department of Corrections offers information & resources regarding progressive correctional practices and partnered re-entry initiatives. They have inmate information, and programs/services to assist inmates, victims and citizens.	860-692-7480 https://portal.ct.gov/DOC
Inmate Trust Fund through the Department of Corrections, assists to get money to an inmate or if you had money in your inmate account and did not receive a check upon discharge.	860-692-7670 https://portal.ct.gov/DOC
Jail Diversion Program offered through Community Health Resources (CHR) located at 444 Center Street in Manchester. Its main purpose is to direct adults with psychiatric disabilities & non-violent criminal offenses away from the corrections system & into more appropriate community based treatment settings. Individuals are referred by Enfield, Manchester and Rockville court systems.	1-877-884-3571 www.CHRhealth.org Under programs & services; Adult; Support & Rehabilitation



INCARCERATION & RE-ENTRY

Job Search Help for Ex-Offenders:

attend an information session
Wednesdays & Thursdays at 1:00pm
at **American Job Center**. They can
assist with a federal bonding program
and help to expunge your record.
They have job placements with an em-
ployers who take part in a program for
hiring ex-offenders. Located at 893
Main Street in Manchester.

860-643-2222

www.careeronestop.org

Under worker
with a criminal
conviction

Legal Aid: Is your criminal record
keeping you from working? On line
help and Q & A's through
CTlawhelp.org

www.ctlawhelp.org under
work/unemploy-
ment & your
rights at work

**Manchester Alternative In the Commu-
nity** offered through **Community Part-
ners in Action** and funded by the State
of Connecticut. Services are offered
to individuals referred by the courts
and probation by providing interven-
tions through reasoning and rehabili-
tation, treating alcohol and drug de-
pendencies and offering employment
skills. Individuals who are mandated
by the courts and probation to per-
form community service and are re-
ferred to the program, may participate
as well.

860-649-8338

<https://CPA-ct.org/>
*Under pro-
grams & ser-
vices*

Located at 31
Bent Street in
Manchester

Office of Adult Probation is part of the
Court Support Services Division that
helps people comply with conditions
mandated by the court. A Probation
Officer will be assigned to assist dur-
ing the probation period. The Man-
chester office is located at 587 East
Middle Turnpike.

860-649-1650

[www.JUD.CT.Gov/FAQ/Adult
Prob.html](http://www.JUD.CT.Gov/FAQ/AdultProb.html)

Substance Abuse Access Line

1-800-563-4086



LEGAL INFORMATION

Center for Medicare Advocacy helps to advance access to comprehensive Medicare coverage and quality health care for older people and people with disabilities by providing exceptional legal analysis, education and advocacy. Assists CT residents who believe they have been unfairly denied Medicare coverage.

1-800-262-4414

www.MedicareAdvocacy.org

Connecticut Legal Rights Project (CLRP) a statewide non-profit agency providing free legal services to low income adults with psychiatric disabilities residing in hospitals or the community on matters related to their treatment, recovery, and civil rights. CLRP is separate from the Department of Mental Health and Addiction Services (DMHAS).

1-877-402-2299

www.CLRP.org

Hours: Mon-Fri
10am-12pm and
1pm-3pm

Connecticut Women's Education and Legal Fund (CWEALF) is a statewide, non-profit telephone counseling service providing information on family law issues; divorce, harassment and discrimination. Hotline information Mon-Thur 9:00am-2:00pm and Fri 9:00am-1:00pm.

860-524-0601

1-800-479-2949

www.CWEALF.org

Consumer Law Project for Elders, through CT Legal Services, provides no cost help to people 60+ who reside in CT and are having problems with credit card, medical debt, identity theft, etc. They have resources online pertaining to government benefits, funeral/burial contracts, healthcare, housing, nursing homes, POA's and living wills. Messages left will receive a return call Tue or Thur between 1pm-5pm.

1-800-296-1467

<https://CTLawhelp.org>

Under self-help info, then Seniors



LEGAL INFORMATION

Consumer Protection:

State Attorney General's Office
860-808-5318

<https://portal.ct.gov/ag>

Department of Consumer Protection
1-800-842-2649

<https://portal.ct.gov/dcp>

Better Business Bureau
860-740-4500

www.bbb.org/us/ct

Credit Reporting Agencies: Under the **Fair Credit Reporting Act** consumers are allowed one free credit report each year from each agency.

1-877-322-8228

- ◆ **Equifax** www.Equifax.com
- ◆ **Experian** www.Experian.com
- ◆ **Transunion** www.Transunion.com

www.annualcreditreport.com

Greater Hartford Legal Aid provides free legal services to low-income people in Hartford County for civil legal issues, housing, entitlements, protective services, resident/patient rights, domestic violence, special education, expulsions & School discipline.

860-541-5000

Email:
ghla@ghla.org

www.GHLA.org

Greater Hartford Legal Aid in the Community of Manchester is offered on **Mondays from 9am-1pm** at Center Congregational Church at 11 Center Street. Providing free legal help to eligible people in Hartford County for family violence, housing, public benefits, employment, education, elder, and immigration matters for victims of domestic violence.

860-541-5052

Call or email for an appointment

Email:
rrodriguez-cruz@ghla.org



LEGAL INFORMATION

Living Will/Advance Directives is a set of documents that allows a person to record decisions regarding medical treatment in case of incapacity, including removal or withholding of life support systems, appointment of a Health Care Agent, Durable Power of Attorney or Conservator.

860-424-5274

<https://portal.ct.gov/ag>

under Constituent Issues, then Health & Education

Statewide Legal Services provides help to low-income people with referrals for non-criminal legal problems via phone. Some areas of assistance include family, employment, public benefits, bankruptcy, and housing. They may refer clients to a legal services office or a private attorney at no cost to the client. They also offer booklets online regarding: Financial Benefits, Bankruptcy/Collections, Family Housing, Immigration, Medical/Health Care, Utilities, Disability Rights, Seniors, Students, Work/Unemployment.

1-800-453-3320

www.SLSct.org

Hotline hours
9:00am - 12 noon
1:00pm - 2:00pm

Monday - Friday

Support Enforcement Services works with state and federal agencies to operate the "CT Child Support Enforcement Program" to help parents enforce and modify their child support orders.

1-800-228-5437

www.jud.ct.gov/childsupport

Uconn School of Law "Connecticut Community Law Center" offers affordable legal consultations and representation for low to moderate income individuals & families involving family, housing, consumer disputes & debt, probate, employment, immigration, civil & pardons.

860-570-5400

<https://cclc.law.uconn.edu>

Email:
cclc@uconn.edu



PROTECTION & ADVOCACY

AARP	SEE PAGE 28, 63, 71
Center for Medicare Advocacy	SEE PAGE 56
Connecticut Alliance to End Sexual Violence provides a 24-hour toll free hotline for victims who have been raped or sexually assaulted. Services provided include short-term counseling, support and empowerment groups, advocacy with police and court process as well as a variety of educational opportunities.	860-282-9881 1-888-999-5545 1-888-568-8332 Español www.endsexualviolencect.org
Department of Children and Families	SEE PAGE 9
Disability Rights Connecticut, Inc.	SEE PAGE 22
Emergency Preparedness -Town of Manchester is responsible for maintaining a local emergency plan which maximizes survival of people, prevents or minimizes injuries, preserves property & resources in Manchester by making use of available manpower, equipment & other resources in the event of a natural, man-made or national security emergency/disaster. The emergency plan provides direction and control and the continuity of government in disaster situations.	860-647-3173
Federal Trade Commission protects consumers by offering assistance with IDENTITY THEFT , Credit & debt issues, No-Call Listing, unfair business practices, provides Scam alerts, and assists with filing Consumer Complaints. For individuals to file a complaint ———>	202-326-2222 www.FTC.gov www.ftccomplaintassistant.gov



PROTECTION & ADVOCACY

The Hartford Gay & Lesbian Health Collective empowers individuals of diverse sexual orientations, gender identities and gender expressions to lead healthy lives through the provision of health support services, education and advocacy. **The Health Collective East** is located in Manchester on 64 Church Street.

860-278-4163

www.hglhc.org

Immigration Services & Citizenship

SEE PAGE 67-68

Interval House is a non-profit organization that provides free support and advocacy services to victims of domestic violence. Services include a 24-hour hotline, safe emergency shelter, victim and legal advocacy, counseling, support groups, and children's programs.

860-645-4033
860-527-0550

1-888-774-2900
24 hour numbers

<https://IntervalHouseCT.org>

Long Term Care Ombudsman

SEE PAGE 72

North Central Area Agency on Aging (NCAAA) provides planning and management of funding and advocacy services to older persons and their caregivers to ensure they have access to quality & cost effective services.

860-724-6443

1-800-994-9422

www.NCAAAct.org

North Central Regional Mental Health Board (NCRMHB) evaluates state-funded mental health services, educates legislators and the public about critical mental health needs. Advocates for state funding for services. Monthly meetings held in Manchester and open to the public.

860-667-6388

www.cthealthycommunities.org



PROTECTION & ADVOCACY

Office of the Child Advocate	SEE PAGE 11
Office of Consumer Counsel advocates for all state of Connecticut utility rate payers, seeks to ensure reasonable rates/service are given for electric, gas, telephone, cable and water. They offer a link to the Energy Suppliers with rates on their website (<i>under featured links then Public Utilities Regulatory Author.</i>)	860-827-2900 www.ct.gov/occ
Office of Victim Services (OVS) , a division of the State Judicial Branch, provides various programs and services for crime victims, including financial compensation, counseling, social services advocacy and victim notification about offender status.	860-263-2760 1-800-822-8428 www.jud.ct.gov/CrimeVictim Email: OVS@Jud.ct.gov
PFLAG (Parents, Families, Friends and Allies United with LGBTQ) People to Move Equality Forward	SEE PAGE 13
Protective Services for the Elderly	SEE PAGE 73
Public Utility Regulatory Authority provides information on how to control your energy consumption and choose your best rate. They have a consumer affairs team is available to respond to questions and complaints.	1-800-382-4586 www.ct.gov/pura/site/



PROTECTION & ADVOCACY

Safe Haven for Newborns (or the Safe Haven Law) allows a parent or person with lawful custody to surrender a baby (30) days or younger, confidentially to the nursing staff of a hospital emergency room, without fear of arrest or prosecution for child abandonment. **Locations:** Any Emergency Department

211

1-844-767-2229

<https://portal.ct.gov/DCF/1-DCF/SAFE-Havens-Act-for-Newborns>

TransAdvocacy Coalition of CT (CTAC) strives to make Connecticut a safe and tolerant place for the trans and gender non-conforming individual through education and social advocacy. CTAC is dedicated to the advancement and attainment of full Human Rights for all trans and gender non-conforming people in every aspect of society and actively oppose discriminatory acts.

860-255-8812

www.transadvocacy.org

True Colors works to create a world where youth of all genders and orientations are valued and affirmed. Their programs include one-on-one and group mentoring, school based youth advocacy and leadership development, the production of the largest LGBT youth conference in the country, professional cultural competency training, and the management of a state wide task force that focuses on the needs of LGBTI youth.

860-232-0050

1-888-565-5551

www.OurTruecolors.org



RECREATION & LEISURE

<p>AARP offers programs, speakers, trips, and discounts for those who are 50 years and older, to help improve the quality of their lives.</p>	<p>1-866-295-7279</p> <p>www.AARP.org</p>
<p>Bookmobile</p>	<p>SEE PAGE 19</p>
<p>Charter Oak Pass is FREE to Connecticut residents 65 and older and allows free access to CT State parks & forests where a parking fee applies. Presenting it allows free access for vehicle and passengers.</p>	<p>860-424-3200</p> <p>www.ct.gov/deep</p> <p>See: State Parks & Forests/State park passes</p>
<p>Instructors of the Handicapped</p>	<p>SEE PAGE 23</p>
<p>MARC Inc.</p>	<p>SEE PAGE 24</p>
<p>MEN'S GROUP for 60+, this social group enjoys a variety of activities including current events, health topics, trivia and of course good conversation while meeting new people. Meets Mondays 10:45am – 11:45 am for Manchester senior center members.</p>	<p>860-647-3211</p> <p>https://seniorcenter.townofmanchester.org</p> <p>Location: Senior Center Library</p>
<p>Office of Neighborhoods & Families (a Division of the Department of Leisure, Families and Recreation, the Neighborhoods and Families Division) is dedicated to coordinating communication among policy makers, service providers, and the Public and encouraging community partnerships that create healthy neighborhoods and healthy families.</p>	<p>860-647-3089</p> <p>Email: onf@manchesterct.gov</p> <p>https://naf.townofmanchester.org</p> <p>**They accept volunteers and community service</p>



RECREATION & LEISURE

Organization of Active Adults through **MCC Continuing Educ.**, for adults 50+ who share an interest in lifelong learning, travel and monthly entertainment programs. They offer free monthly programs, reduced fees for luncheons, motor coach day trips, overnight trips & international travel. They also have a monthly newsletter and a tuition rebate program for credit-free courses. See the current MCC Catalog for details

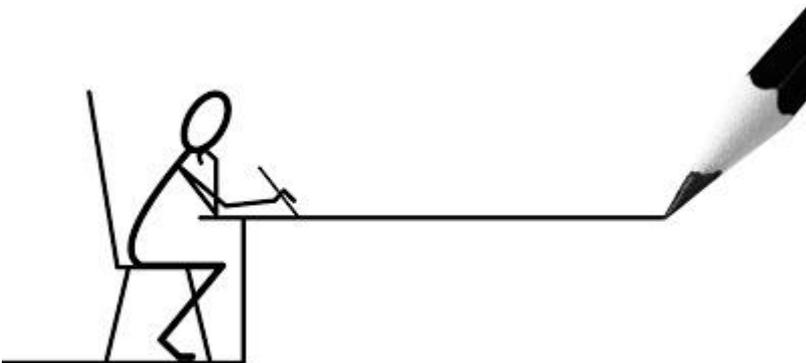
860-512-2840

www.manchestercc.edu/
under continuing education

Road Scholar a non profit organization offering a low cost leisure / educational program for older adults 55 and older; they travel to all 50 states and abroad.

1-800-454-5768

www.RoadScholar.org





RECREATION & LEISURE

The **Recreation Department** provides recreational opportunities for all ages and ability levels. Summer programs including a wide variety of recreational activities for both youth and adults. They offer six supervised summer camp sites that provide arts, crafts, games, sports, and special events for children of all ages, Recreation Leader in Training camp, as well as Camp Kennedy which focuses on providing fun, safe activities and events for disabled adults. During the outdoor season, residents may swim at the Globe Hollow swimming area or at one of the Town's four in-ground pools. Recreation offers swim lessons that serve infants all the way to adults. Recreation works with local youth sports organizations offering support services, scheduling fields, and co-sponsoring special events. In addition, the Parks Department maintains and prepares all playing fields. The Recreation Division also cosponsors special events including concerts in Center Park, the Pride in Manchester week, Cruisin on Main, the Town's July 4th celebra-



tion and more. Recreation operates three recreation centers with activities for all ages. Indoor swimming is offered at the Manchester High School's Main Pool and IOH Pool. The Department's indoor aquatics program includes open swim, lessons for all ages, water fitness classes for adults and special events. Year-round adult fitness programming, youth sports, the Fitness Center at the Community Y Rec Center, the Jay Howroyd Fitness Trail at Union Pond are offered, and much more.

**Located at 39 Lodge Drive, Manchester
860-647-3084**

<https://recreation.townofmanchester.org/>



RECREATION & LEISURE

The Youth Service Bureau (YSB) provides positive youth development opportunities through a variety of programs that focus on: life skills, employment/vocational, community service, diversion, early childhood, relationships, and family. Programs are open to youth, ages 0-21, who reside in or attend school in Manchester.

The Youth Service Bureau operates 8:00am—4:30 pm, Monday—Friday, though programming often extends beyond regular office hours. Permission slips signed by a parent or guardian are required prior to the beginning of program participation at the YSB.

SEE PAGES 12 & 13 for youth programs offered.



860-647-5213

Located at 63 Linden Street

<https://YSB.TownofManchester.org>



REFUGEE & IMMIGRATION

There are organizations/agencies in Connecticut that provide services to refugees and immigrants who are new to the United States to help them become self-sufficient, integrated and contributing members of the community.

There are a variety of services that may be provided: English as a Second Language (ESL) instruction, job training, employment and vocational assistance, interpreter services, housing arrangements, shelter, clothing, food, education, transitional cash assistance, information and referral services, counseling and classes for immigration and citizenship, and case management. There also may be help with legal, social, linguistic and educational programs to help refugees and immigrants overcome the many barriers they face in adjusting to their new environments. They may assist with special services to victims of serious crimes such as human trafficking, torture and domestic violence.

Refugees must meet general financial eligibility requirements for all programs, but may be eligible for cash & medical assistance based upon their refugee status for the first eight months in the United States.

Refugees may access the Supplemental Nutrition Assistance Program (SNAP) as well as other programs if they meet age, disability or other program criteria.

Catholic Charities Migration and Refugee Services located at 35 Groton Street #2 in Hartford

860-297-7800
1-888-405-1183
<https://ccaoh.org>
Email: mhenry@ccaoh.org

Connecticut Institute for Refugees & Immigrants. located at 175 Main Street, Hartford CT (2nd Floor)

860-692-3085
<https://CIRIct.org>
Email: Info@CIRIct.org



REFUGEE & IMMIGRATION

Integrated Refugee & Immigrant Services located at 235 Nicoll Street 2nd floor, New Haven, CT

203-562-2095
www.IRISct.org
Email: info@IRISct.org

Jewish Federation of Connecticut, Inc. located at 40 Woodland Street, Hartford, CT

860-727-5701
www.jfact.org
Email: aweber@jfact.org

US Citizenship & Immigration Services offers statewide help for immigration services and benefits

1-800-375-5283
<https://uscis.gov>





RESPIRE RESOURCES

A Place for Mom

SEE PAGE 71

ADULT DAY CARE CENTERS:

Average cost is \$80/day

Active Day of East Hartford—144 Main Street, East Hartford 860-568-9692 www.activeday.com

Avery Adult Day Health Center—705 New Britain Ave, Hartford 860-527-9126 www.adultdaycare.org

Caring Connection—330 Windsor Ave, Windsor 860-547-0251 www.windsorcaringconnection.com

Daybreak—243 South Whitney St, Hartford 860-523-0108 *Primary language Spanish*
www.daybreakathartford.com

Immanuel House Day Center—15 Woodland St, Hartford 860-525-8111 Immanuelhousect.org

SarahCare of East Hartford—870 Burnside Ave., East Hartford 860-282-9097 <https://sarahcare.com>

Senior Moments—31 Kingsbury Ave, Tolland 860-926-4515 <https://www.eldercareconsultingllc.com>



RESPIRE RESOURCES

Alzheimer's Statewide Respite Care Program connects eligible families with respite services for daytime or overnight care including adult day care, home care and short-term in-patient care, skilled nursing or short term nursing care. May provide financial assistance for services. This program brings relief for care-givers of individuals with Alzheimer's or related dementias. For information and eligibility requirements call the Connecticut Area Agency on Aging.

860-724-6443

1-800-994-9422

www.NCAAAct.org

Under Services,
then Respite Care
Services

MARC, Inc

SEE PAGE 24

MARCH, Inc. of Manchester is a private, non-profit agency that provides temporary care for children & adults with developmental disabilities; the service allows other family members time for errands, business or vacations.

860-646-4446

<https://MARCHinc.org>

North Central Area Agency on Aging can help you determine what respite care program is right for you. You must meet eligibility requirements for types of programs and services requested. Please know if the person needs assistance with at least two Activities of Daily Living and have basic knowledge of financial info.

1-800-994-9422

www.NCAAAct.org

Under Home Care
then Respite Care
Services



SENIOR SERVICES

<p>A Place for Mom is a local and nationwide information service that explores eldercare options including nursing homes, assisted living facilities, independent living and home care agencies & respite care. Call to speak to an Eldercare Advisor about care requirements, finances and other needs.</p>	<p>1-866-518-0936</p> <p>www.APlaceForMom.com</p>
<p>AARP (The American Association of Retired Persons) is a membership organization of persons 50 years and older. It offers educational information on numerous issues that affect older adults. They advocate for elders at the State and Federal level.</p>	<p>1-888-687-2277</p> <p>1-877-342-2277 Spanish</p> <p>www.AARP.org</p>
<p>Adult Day Care</p>	<p>SEE PAGE 69</p>
<p>Advanced Directives : Planning for Future Health Care Decisions. Available on the State of CT website under Aging Services then Publications.</p>	<p>860-424-5274</p> <p>www.ct.gov/agingservices</p>
<p>American Society on Aging (ASA) Their resources, publications and educational opportunities are geared to enhance the knowledge and skills of people by addressing the challenges and opportunities of a diverse aging society.</p>	<p>1-800-537-9728</p> <p>www.ASAging.org</p>
<p>Blood Pressure Screenings are done Wednesday mornings at Manchester Senior Center and once a month at an Elderly Housing site.</p>	<p>860-647-3173 For Information</p>



SENIOR SERVICES

Connecticut Home Care Program for Elders

SEE PAGE 44

Consumer Law Project for Elders

SEE PAGE 56

Eldercare Locator is a free national service. Its goal is to provide older Americans and their caregivers information and resources to live independently and safely in their own homes. They also offer support for caregivers. They have information on a wide range of topics including financial, nutrition, health, home repair, legal, transportation and more.

1-800-677-1116

<https://Eldercare.acl.gov>

File of Life is an informational tool provided by the Manchester Fire Department and used by Emergency Personnel or First Responders in the event of a medical emergency. It contains emergency contact information, medical history, medications, allergies, insurance info, etc., that can contribute to saving lives.

860-647-3266

<https://fire.townofmanchester.org>

For info or to order one Free of charge

Homeowner's Tax Relief for Seniors, Veterans and People with Disabilities

SEE PAGE 31 & 84

Income Tax Counseling

SEE PAGE 32

Long Term Care Ombudsman Program through the CT Department of Social Services, protects and promotes the rights and quality of life for people who live in skilled nursing facilities, residential care homes and assisted living facilities.

1-866-388-1888

860-424-5200

www.ct.gov/LTCOP

Manchester Municipal Agent for the Elderly - Eileen Faust

860-647-3214



SENIOR SERVICES

<p>National Council on Aging (NCOA) is a national organization that provides information and advocacy in the field of aging. The website offers valuable educational information.</p>	<p>571-527-3900</p> <p>www.NCOA.org</p>
<p>National Institute on Aging (NIA) is a Federal Agency with the mission of improving the health and well-being of older Americans through research on the aging process and related diseases such as Alzheimer's, cancer, diabetes and the special needs of the aged. They offer a Spanish language website.</p>	<p>1-800-222-2225</p> <p>1-800-222-4225 TTY</p> <p>www.NIA.NIH.gov</p> <p>www.NIA.NIH.gov/espanol</p>
<p>North Central Area Agency on Aging (NCAAA)</p>	<p>SEE PAGE 60</p>
<p>Organization of Active Adults</p>	<p>SEE PAGE 64</p>
<p>Protective Services for the Elderly (PSE) is administered through the State Department of Social Services. It investigates complaints, concerns, or reports of abuse, neglect, abandonment and exploitation of people 60 years and older. There are no income requirements. After hours call 211</p>	<p>1-888-385-4225 Outside CT call 1-800-203-1234</p> <p>https://portal.ct.gov/dss under older adults</p>
<p>Renter's Rebate</p>	<p>SEE PAGE 33</p>
<p>Reverse Mortgage Programs</p>	<p>SEE PAGE 33</p>
<p>Senior, Adult & Family Services</p>	<p>SEE PAGE 52</p>
<p>Senior Center, Manchester</p>	<p>SEE PAGE 53</p>



SENIOR SERVICES

Senior Circle Activity Group a small recreation group meeting twice weekly at the Senior Center. Designed for Manchester residents 60+. The group meets Tues & Thurs with the Therapeutic Recreation Specialist. Members enjoy a variety of activities including crafts, gentle exercise, reminiscing and discussing current events & lunch together. **YOU MUST pre-register by contacting the Senior Center social worker.**

860-647-3211

<https://SeniorCenter.TownOfManchester.org/Otherprograms.cfm>

Senior Foot Care (nail clipping, not available for diabetics or people with circulatory problems) takes place at the Senior Center twice each month, by a nurse, for Manchester seniors. Appointments are necessary, the cost is \$29.00/cash or check.

860-647-3173

<https://health.townofmanchester.org>

Please call Health Dept. for appt.

Senior Health Solutions of Connecticut is a network of health care organizations specializing in geriatric services and providing information on physicians, hospital care, rehabilitation, visiting nurses, home care, assisted living or assistance in navigating the health care maze.

860-263-4100

<https://hartfordhealthcare.org/services/>

Under senior svcs

Senior Job Bank

SEE PAGE 30

Senior State Parks & Forests Pass "CHARTER OAK PASS"

SEE PAGE 63

Yellow Dot Program identifies your vehicle to First Responders in an emergency, signifying medical history, emergency contact etc. are inside vehicles glove compartment.

860-645-5568

MPD Community Relations Department



SHELTERS - EMERGENCY HOUSING

****PLEASE NOTE: YOU MUST CALL 211
IN ORDER TO ACCESS SHELTER ASSISTANCE.**



Referrals to: Emergency Services, Red Cross, Domestic Violence Services

Diversion to non-housing resources (benefits, utility assistance, etc.)

Assessment for Diversion, Homelessness Prevention, Rapid ReHousing,
Shelter

Initial Screening and Local Point of Access Referral Form send to Salvation
Army Marshall House (SAMH) or Immaculate Conception (ICSHC)

<p>East Hartford – East Hartford Community Shelter 385 Main Street For: Families</p>	<p>860-568-0323 www.CrtCT.org/ under basic needs</p>
<p>Hartford – Salvation Army 225 South Marshall Street For: Single Women & Intact Families</p>	<p>860-543-8430 https://ctri.Salvationarmy.org</p>
<p>Hartford – South Park Inn 75 Main Street For: Families and Individuals</p>	<p>860-724-0071 www.SouthParkInn.org</p>
<p>Vernon – Corner Stone 1-A Prospect Street For: Individuals</p>	<p>860-875-6343 www.CornerStone-cares.org</p>



SUPPORT GROUPS

Addiction Support—Smart Recovery Group for family and friends of youth and adolescents who are struggling with alcohol, drugs and compulsive behaviors.

Thursdays, 6-7:30 at Manchester Youth Services Bureau, 63 Linden Street, Manchester, CT

860-647-3521
Ext 70114

Email: pphillips
@mpspride.org
NO REGISTRATION REQUIRED

Addiction Support—Smart Recovery Group for **youth & adolescents** who are struggling with alcohol, drugs and compulsive behaviors. Groups held at Manchester High School. **Register in room 204.**

860-647-3521
Ext 70114

Email: pphillips
@mpspride.org

Alanon, Alateen Family Groups - Connecticut offer hope & help for families & friends of alcoholics.

1-888-825-2666
www.ctalanon.org

Alcoholics Anonymous provides support and information about events, meetings, and educational opportunities in Connecticut.

1-866-783-7712
<https://ct-AA.org>

Alzheimer's Association provides education, info/referral and support to Alzheimer's patients and families. Also offers a caregiver's course, Chapter Respite Care Program, annual caregivers' conference and Safe Return Program and local resources and referrals.

860-828-2828
CT Chapter
1-800-272-3900
24hr
www.ALZ.org/ct

Alzheimer's & Caregiver Support Groups offered through VNHS call for dates and times

860-872-9163
EXT 8346 registration required

Alzheimer's/Dementia Support Group meeting at Manchester Senior Center: 549 E. Middle Tpke. Contact 860-647-3093.

2nd Wednesday of the month 6-7pm
open group



SUPPORT GROUPS

Alzheimer's Support Group meets at Connecticut Center 1476 Pleasant Valley Rd, Manchester	3rd Wednesday of the month 4:30-5:30pm open grp
American Cancer Society offers education, outreach and support to patients and their families.	1-800-227-2345 https://Cancer.org
Brain Injury Alliance of CT (BIAC)	SEE PAGE 20
Cancer Care provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children etc. They offer counseling & support groups, education, financial assistance & practical help provided by professional oncology social workers: completely free of charge.	1-800-813-4673 www.CancerCare.org
Cancer Hope Network matches patients and caregivers with patients who have already undergone treatment for support.	1-800-552-4366 www.CancerHopeNetwork.org
Department of Children and Families (DCF)	SEE PAGE 9
Department of Rehabilitation Services Deaf & Hard of Hearing Services	SEE PAGE 22
Family Development Center	SEE PAGE 10
Grandparents as Parents Support Group meets the last Tuesday of each month from 10:30am – 12:00pm at the South Windsor Community Center, 150 Nevers Rd., South Windsor. Manchester residents are welcome.	860-648-6361 Ext 320 www.southwindsor.org/ Human Services



SUPPORT GROUPS

Headstart	SEE PAGE 10
Health Collective East provides case management, support groups, individual therapy, education and outreach to those affected by HIV/AIDS. They provide HIV testing and prevention. (also SEE PAGE 60)	860-278-4163 www.HGLHC.org
Hispanic Health Council provides support group services to women who are diagnosed with cancer.	860-527-0856 https://HispanicHealthcouncil.org
Independence Unlimited	SEE PAGE 23
Interval House	SEE PAGE 60
Latino Affairs Council—Manchester , meets at East Side Neighborhood Resource Ctr. 153 Spruce St, Manchester. They are an organization who advocate, address political issues, cultural diversity & social equality.	860-995-4288 meets 3rd Wednesday of each month at 6pm
Manchester Memorial Hospital Support Groups offer a wide variety of groups that meet at the Hospital. They focus on concerns related to health and mental health. Examples are: Alcohol related support, Alzheimer's, Autism, Bereavement, Brain Injury, Various Cancer support, Caregiver, Diabetes, Family Support, Ostomy Support, Over Eaters, Stroke, La Leche and more.	860-646-1222 Ext 2292 860-533-6550 https://ECHN.org



SUPPORT GROUPS

<p>NAMI of Connecticut offers a support group for people affected by mental illness. Meeting 3rd Thursday of each month 7-8:30pm at Center Congregational Church</p>	<p>860-649-5659 11 Center Street Manchester— Federation Room</p>
<p>National Federation of the Blind</p>	<p>SEE PAGE 24</p>
<p>Opioid Support “Cope Support Hope” a support group for people impacted by a loved one addicted to opiates. Meetings 2nd Thursday of each month at 7pm. Location 179 Tolland Tpke, Manchester. (Lynch Toyota)</p>	<p>Email: gethelptocope@gmail.com</p> <p>FB: <u>opesupport hope</u></p>
<p>Parkinson’s Support Group 281 Western Blvd, Glastonbury—meets on the 2nd Tues of each month at 11am.</p>	<p>860-430-9938</p> <p>Facilitator: Amanda</p>
<p>Pathfinders Club</p>	<p>SEE PAGE 17</p>
<p>PFLAG (Parents, Families, Friends and Allies United with LGBTQ People to move Equality Forward)</p>	<p>SEE PAGE 13</p>
<p>The Compassionate Friends will meet on the 3rd Thursday of each month at 7:00pm at Hampton Inn & Suites, 1432 Pleasant Valley Rd., Manchester. A self-help support organization that offers friendship & understanding to bereaved parents, grandparents & siblings. There is no religious affiliation or membership dues or fees. Newcomers welcome, bring a friend or relative.</p>	<p>860-375-3087</p> <p>www.tcfeastoftheriver.org</p> <p>Doors open at 6:30pm to welcome new members</p>
<p>True Colors - Human Rights</p>	<p>SEE PAGE 62</p>



TRANSPORTATION INFO

ADA Paratransit Service is in compliance with Americans with Disabilities Act providing door-to-door transportation throughout greater Hartford 7-days per week early morning to late night. Available for people whose disabilities prevent use of public transit. Registration is required and there is a fare of \$3.50 per one-way trip. Manchester residents qualifying for ADA Transportation can receive a monthly allotment of free trip tickets through Senior, Adult & Family Services by calling 860-647-3093.

860-724-5340
Reservations
8am-5pm

#4 for applications

#9 for Customer Service

<https://HartfordTransit.org>

American Cancer Society through their "Roads to Recovery" program offers rides for appointments related to treatment and recovery Monday through Friday for those without other means of transportation. They require 4+ days advance notice and rider must be ambulatory. All rides are subject to volunteer availability.

1-800-227-2345

<https://cancer.org>

Bureau of Rehabilitation Services offers training services for drivers with physical disabilities who require adaptive equipment to drive. Must be a permanent Connecticut resident.

1-800-537-2549

www.CT.gov/brs

Connecticut Department of Transportation provides information on travel services and programs within Connecticut.

860-594-2000

www.CT.gov/DOT

Connecticut Transit offers reduced fares for elderly and disabled persons with a Medicare card or State-issued photo I.D. card.

860-525-9181

www.CTtransit.com



TRANSPORTATION INFO

Dial-A-Ride offers FREE rides in Manchester for residents age 60+ and/or adults with disabilities of any age. Rides are available Monday through Friday. Dial-a-Ride can be used for trips to medical appointments, grocery shopping, personal errands and social outings within Manchester. **Reservations and registration are required.**

860-870-7940

www.HVCChelps.org

8:30am–5pm
Mon—Thurs

8:30am-1pm
Fridays

DAV - Disabled American Veterans operates a fleet of vehicles around the country to provide free transportation to VA medical facilities for injured and ill veterans. The vans are driven by volunteers, and rides are coordinated by more than 178 Hospital Service Coordinators around the country. For more information visit their website.

860-594-6612
VA Regional Office

860-667-6759
Newington VA
Medical Center

www.DAV.org/veterans/i-need-a-ride/

Kids in Limos Program - Special Rides for Special Kids provides free rides for children ages 5 to 16 with a serious illness or emotional or physical handicap. The limo is **NOT** wheelchair accessible. A parent or guardian must accompany the youth. The primary service is to provide rides to and from a doctor or clinic appointment. This program will transport patients within a thirty mile radius of Hartford to and from MD or clinic. An application is not needed to set up transportation.

860-595-6455

Email:
kidsinlimos@
peoplepc.com

www.KidsInLimos.org



TRANSPORTATION INFO

VEYO Transportation for non-emergency "plan covered" medical appointments for **Husky A, C & D** participants on a limited basis. The services are administered by **VEYO NEMT**. Provided to eligible Medicaid members in CT who have no other way of getting to their medical, behavioral health or dental appointments.

Reservations taken from 7:00am - 6:00pm Mon - Fri and need to be made 2 days in advance of travel.

1-855-478-7350

<https://ct.ridewithveyo.com>





VETERANS INFORMATION

“Connecticut General Statute 27-135 asks cities and towns in Connecticut to provide a more coordinated approach to assisting veterans in accessing services. **In Manchester, the town designated the Director of Human Services or her designee to act as the “veterans’ service contact person”.** The duties include: coordinating services for veterans and their dependents in such areas as veteran’s reemployment and training, education, rehabilitation and adjustment to peacetime living; working with national, state and local governmental and private agencies in securing services and benefits to which a veteran or his dependents may be entitled; and collaborating with other veterans organizations, so far as possible to carry out the purposes of this section. For info call **860-647-3092**

DAV - Disabled American Veterans has a goal to empower veterans to lead high-quality lives with respect and dignity. They offer information on Transition Service Offices, provide information on Free Transportation to VA medical facilities, offer outreach programs and mobile services to veterans with mobility challenges, free assistance for service injured or ill veterans to assist with job training and job assistance programs. They also have information on special events and seminars.

1-877-426-2838

1-877 I AM VET

860-594-6612

www.DAV.org/

Hire VETS First, provides information for Veteran job seekers and employers to connect. Contact your local veterans business representative or veterans workforce development person.

860-263-6016

www.DAV.org/

Homeless Veterans can contact the Veterans Outreach Social Worker for Homelessness for assistance.

**860-666-6951
Ext. 6347**



VETERANS INFORMATION

Manchester Veteran's Clubs:

American Legion 20 American Legion Dr 860-474-3678
Army Navy Club 1090 Main Street 860-646-9133

Property Tax Relief for Veterans
 the Town of Manchester Department of Assessment and Collection processes applications for veterans for tax credits and possible exemptions. Please call for more information.

860-647-3017

<https://assessmentandcollection.townofmanchester.org/>

Soldiers', Sailors' and Marines' Fund assists veterans and/or dependents with emergency financial needs including food, clothing, medical, shelter, utility bills, dental, eye and hearing. Must have completed 90 days of federal active military service, not for training.

860-296-0719

www.alctssmf.org

**Must be a CT resident and demonstrate a need

Veterans' Affairs provides benefits to veterans and their families for education, employment, health, home loans, insurance, medical, pension, rehabilitation, housing facilities, and burial.

1-800-827-1000

1-800-273-8255
Vet Crisis Line

www.VA.gov

Veterans' Benefits Counselor is available by appointment in Manchester at the Weiss Center, 479 Main Street. Combat and non-combat veterans, spouses of deceased veterans, POA's of veterans for any veteran related business may seek assistance with information, forms preparation, etc. Bring DD214 Form or service records with service dates indicated. These can be requested if not readily available.

860-647-3270
option #7

*Please call and leave a message for an appointment.



VETERANS INFORMATION

Veterans Choice Program provides eligible veterans the option to receive VA Community Care from approved providers in their communities. Call for qualifications and appointments.

1-866-606-8198

www.va.gov/health-care

Veterans Club through MCC, Veterans Scholarships, Veterans Advising and personal counseling, among other services. The **Veteran Affairs Support Team (VAST)** works to ensure that comprehensive support services are offered and in place. The team consists of Counselors, Career & Veterans Services personnel, Dean of Student Affairs, Registrar, Bursar and Financial Aid staff, and Educational Assistants. Provides efficient and timely processing of G.I. Bill certifications, curriculum checks and advising, and promotes college community awareness of readjustment issues faced by returning service members.

860-512-3375

Email:
Nesposito@manchestercc.edu

Veterans Crisis Line

1-800-273-8255

www.Military.com a website offering information on recruiters, disability, jobs, loans, military discounts and much more.





VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

American Cancer Society ** welcomes volunteers to help in many ways including its transportation program “Road to Recovery” for ambulatory cancer patients who have no other way of getting to their lifesaving treatment appointments. **Coordinators** are needed to oversee all requests received for transportation and **Drivers** are needed to transport patients to and from their cancer-related medical appointments.

1-800-227-2345

<https://cancer.org>

Big Brothers/Big Sisters provide children facing adversity with strong and enduring, professionally supported 1-1 relationships with adult volunteers that change their life for the better, forever. They sponsor a **Foster Grandparents Program** in the school system with a stipend for low-income elderly.

860-525-5437

<https://nbbbs.org>

Building Healthy Families located at 20 Hartford Rd, Manchester— offers many different opportunities surrounding families and children. Call, text or email for info.

860-375-0121

Email:
info@bhfct.org

www.bhfct.org

Cheney Hall/Little Theatre of Manchester offers many volunteer opportunities. Email: volunteering@cheneyhall.org

860-647-9824

www.cheneyhall.org

Connecticut Forest & Parks Assoc.** is a private, non-profit conservation organization offering volunteer opportunities for teens and adults such as maintaining blue-blazed hiking trails like those at Case Mountain.

860-346-8733

www.ctwoodlands.org

Email:
LHughes@ctwoodlands.org



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

<p>Creative Living Community of CT has volunteer opportunities; its vision is a farm community for people with and without disabilities.</p>	<p>Email: cynthiahhall@gmail.com https://creativelivingcommunityofct.org</p>
<p>CRT Volunteers needed for delivering meals, to assist at early childhood programs, summer food programs and much more.</p>	<p>860-560-5665 www.crtct.org under "get involved"</p>
<p>CT Mentoring Partnership Program: A mentorship is a structured and trusted relationship between a caring adult and a child. An effective mentor is a good listener, trustworthy, caring, responsible and positive.</p>	<p>860-523-8042 www.preventionworksct.org</p>
<p>Emergency Preparedness has volunteer opportunities for medically qualified individuals to join the Capitol Region Medical Reserve Corp. Physicians, PA's, EMT's, Mental Health Prof., Nurses, Nurses Aides, Dental Surgeons, Pharmacists and Veterinarians. Non-medical volunteers also sought.</p>	<p>860-214-2178 https://crcog.org/capitol-region-medical-reserve-corps/</p>
<p>Foodshare ** seeks volunteers for food pick up, gardening, cleaning, office and mailings, warehouse work, etc.</p>	<p>860-286-9999 www.foodshare.org</p>
<p>Goodwill Thrift Store ** seeks volunteers for various tasks within the store and collecting donations. Please call and ask to speak to the manager.</p>	<p>860-643-2709 www.gwct.org</p>



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

<p>Hartford Hospital ** offers a wide variety of opportunities to match your interest for teens between 14 and 18 and adults. Training and free parking.</p>	<p>860-972-2198</p> <p>www.HartfordHospital.org/volunteers</p>
<p>Hockanum Valley ** seeks assistance from both volunteers and community service people. They have a wide range of needs. Applications available at bottom of website. Must fill out application.</p>	<p>860-872-7727 Ext. 2923</p> <p>www.hvcchelps.org</p>
<p>Interval House volunteers can help ensure that victims of domestic abuse and violence don't have to be alone. They offer many opportunities.</p>	<p>860-246-9149 Ext 350</p> <p>https://intervalhousect.org</p>
<p>Hospice & Palliative Care volunteers assist in meeting the needs of terminally ill patients and their families by providing companionship, respite assistance, and emotional support through Visiting Nurse & Health Services of Connecticut. 20 hours of training is required. Other opportunities, K9, Reiki, Music and Photo.</p>	<p>860-872-9163 Ext 8423 Contact: Lysa Yarusiewicz</p> <p>https://ECHN.org follow link to VNA under locations</p>
<p>Human Services, Town of Manchester seeks volunteers for Senior Volunteer Tax Credit Program, Back to School Supply Program, and VITA volunteers.</p>	<p>860-647-3092</p> <p>https://humanservices.townofmanchester.org</p>
<p>Journey Home** seeks assistance to help move furniture for those moving out of homelessness and into housing in the greater Hartford area.</p>	<p>860-808-0336</p> <p>Email: Alison.scharr@journeyhomect.org</p>



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

Kidsafe CT seeks volunteer mentors for at risk youth living in foster homes & residential facilities at a critical juncture in their lives. Many of these youth do not have strong role models to look up to or give them guidance. These youth **NEED** local mentors who can provide insight, guidance, and spend much-needed quality time.

860-872-1918

www.Kidsafect.org

Applications available on-line

Literacy Volunteers of Greater Hartford ** offering small group instruction to adults needing help with reading, writing and speaking English. Applications on-line.

860-233-3853

<https://LVGH.org>

Lutz Museum ** located at 247 South Main Street, Manchester, has opportunities available for teens and adults. **Email:** mdeering@lutzmuseum.org

860-643-0949

<https://LutzMuseum.org>

Manchester Area Conference of Churches/MACC Charities ** offers volunteer opportunities for individuals and groups by appointment only in the Community Kitchen, Emergency Community Food Pantry, Community Threads Thrift Shoppe as well as specialized quarterly & seasonal events.

Contact the Operations Assistant for Community Engagement
860-647-8003
Ext 12

<https://MACC-ct.org>

Manchester Chamber of Commerce seeks volunteers for different fund raising events. **Email:** staffgmcc@manchesterchamber.com

860-646-2223

www.manchesterchamber.com



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

Manchester CERT assists town agencies when Town resources are taxed. Assistance with emergency shelters, operations, canine therapy, ham radio, and more.

860-647-9983
Email:
djanelle@manchesterct.gov

Manchester Human Services Dept. seeks volunteers for Senior Volunteer Tax Credit program, School Supply distribution, and Vita tax volunteers.

860-647-3092
<https://human.services.townofmanchester.org>

Manchester Police Activities League (PAL) seeks volunteers for many programs involving Manchester youth and police officers. Some activities include Academic Support Club, Judo Club, Karate Club, Mountain Biking Club and more.

860-645-5525
email: manchesterctpal@gmail.com
www.Manchesterctpal.org

Manchester Road Race seeks volunteers to assist with their Thanksgiving Day event. Contact via web.

www.manchesterroadrace.com

Marc Inc. of Manchester has a variety of volunteer opportunities including respite assistance.

860-646-5718
Ext 100
www.marccct.org

NAMI of CT seeks volunteers for phones, administration and more.

860-882-0236
www.Namict.org

National MS Society CT Chapter seeks volunteers for many opportunities. Email: info@ctfightsms.org

860-913-2550
www.nationalMSsociety.org

Office of Neighborhoods & Families ** seeks volunteers and community service for a wide variety of opportunities.

860-647-3089
Naf.townofmanchester.org



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

<p>Rebuilding Together** has a variety of projects throughout the year where they need volunteers.</p>	<p>860-647-3167 https://rebuildingtogether.townofManchester.org</p>
<p>Senior Corps matches volunteers 55 and over with their areas of interest.</p>	<p>860-240-3240 www.national-service.gov/programs/Senior-</p>
<p>Substance Prevention & Recovery Supports, Manchester Public Schools.</p>	<p>860-647-3521 Ext. 70114 Email: pphillips@ mpspride.org</p>
<p>United Way of Central and North-eastern Connecticut ** provides volunteer opportunities at nonprofit agencies in the Greater Hartford Area. For a complete listing please visit the web site.</p>	<p>860-493-6832 https://UnitedWayInc.org</p>
<p>World Wide Lighthouse Missions (WWLM)** assist with sorting, packing, relief aid, shelf inventory, cleaning etc.</p>	<p>860-645-4198 www.wwlm.org Email: cris@wwlm.org</p>





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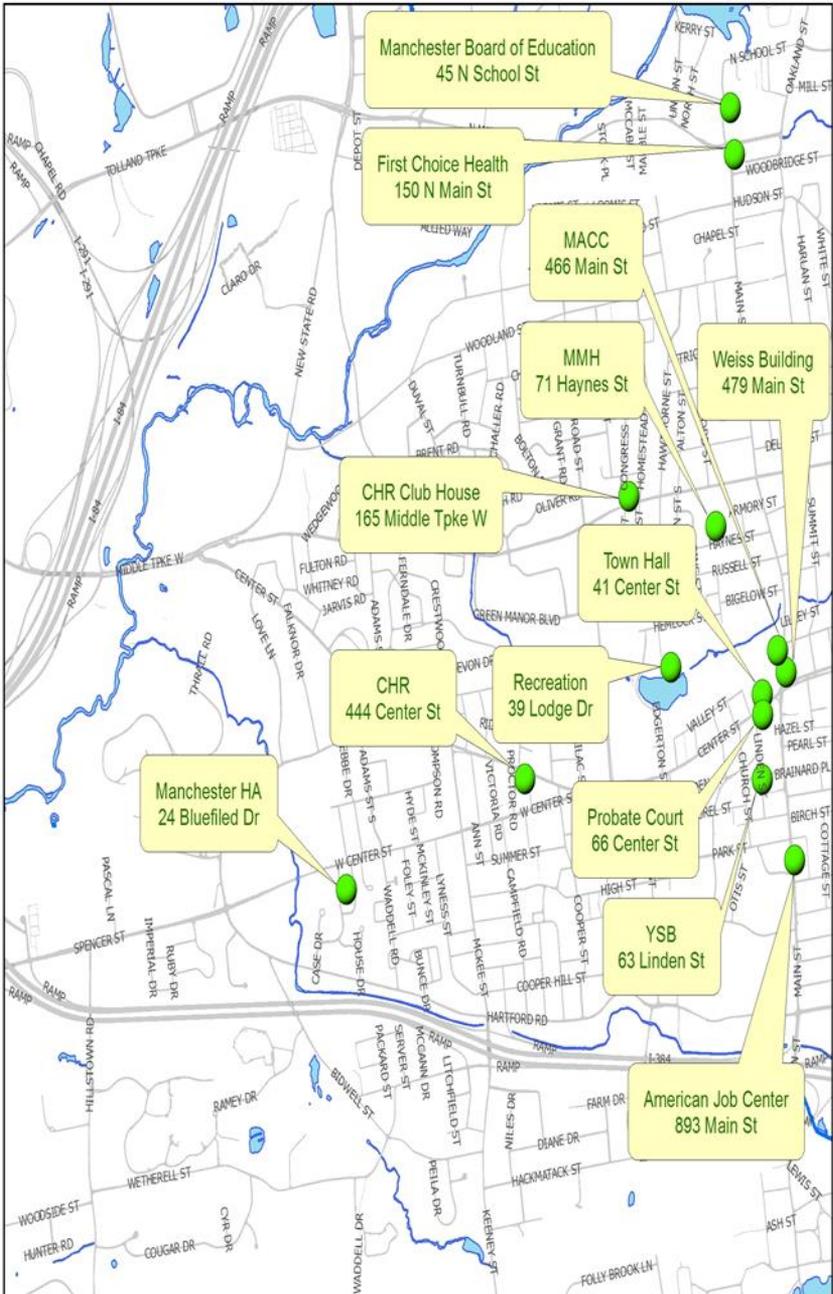


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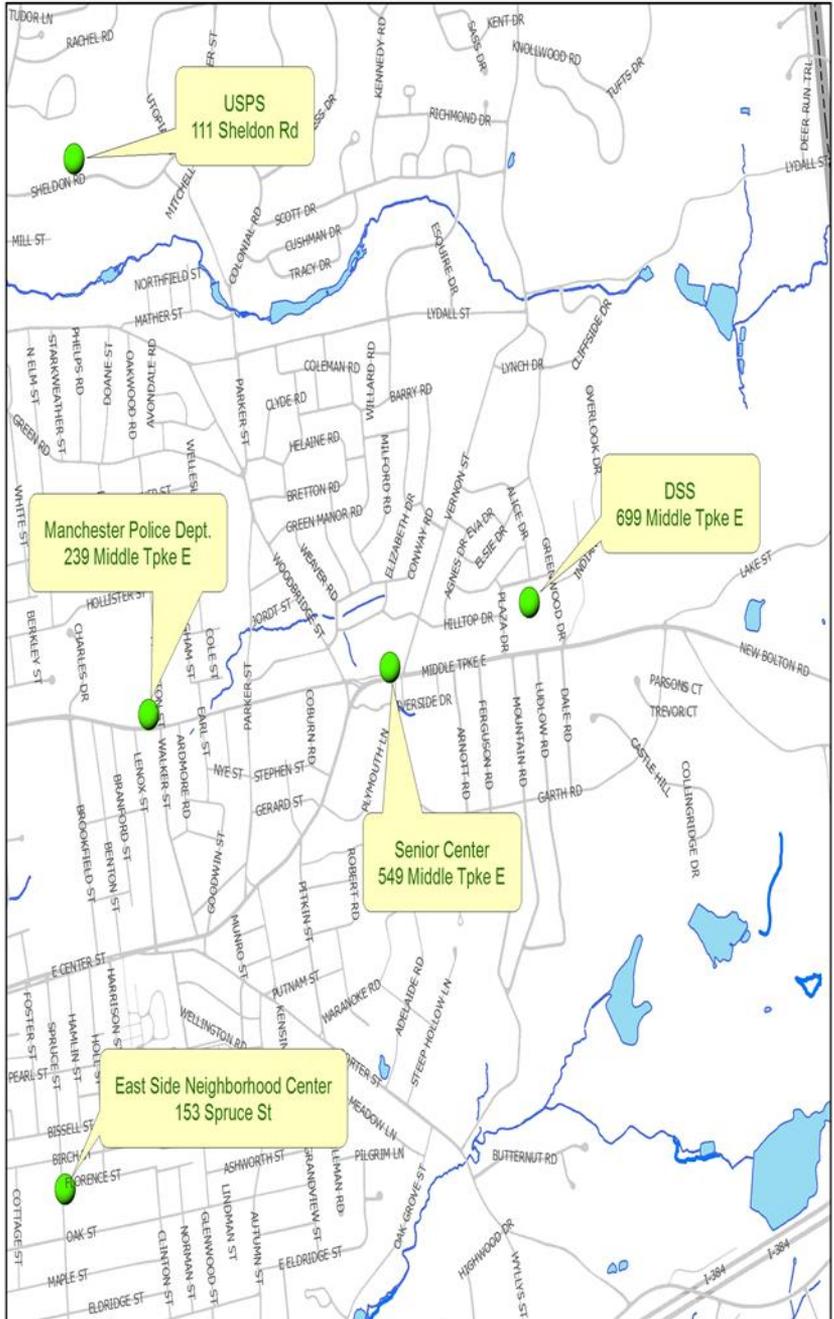


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**Senior, Adult & Family Services
Town of Manchester
479 Main Street,
Manchester, CT 06040**